



Scottish Gas National Open Swimming Championships 2010 (under FINA/SASA rules)

Tollcross Park Leisure Centre
Glasgow

22nd – 27th June 2010

Scottish Swimming, in partnership with:



Event Regulations

- Entry and Entries to all events is expressly subject to each and all of these regulations and may, where appropriate, also require compliance with the facility provider's regulations.
- Permission for any person to enter or to remain within the venue notwithstanding possession of any ticket by that person is at the absolute discretion of the stewards and officers of SASA Ltd and/or any police officer.
- No guarantee can be given by SASA Ltd that the event will take place at a particular time or any particular date and SASA Ltd reserves the right to reschedule the event without notice and without any liability for so doing.
- In the event of postponement, cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of SASA Ltd. SASA Ltd will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel and accommodation costs.
- The following are articles, which must not be brought within the venue (glasses, fireworks, smoke canisters, air horns, flares, glass bottles, weapons of any sort). Any person in possession of such items will be refused entry at the absolute discretion of any steward or officer of SASA Ltd and/or police officer.
- No object may be thrown by spectators within the venue.
- No foul or abusive language or other offensive words such as racial or sexual abuse may be used within venues.
- No alcohol may be consumed within events except in those areas specifically designated for such purposes and in accordance with any terms displayed in those areas.
- No person may for commercial purposes take photographs or use any video recording equipment inside events without the express written permission of SASA Ltd. The taking of photographs or use of video equipment for non-commercial purposes is permitted subject to compliance with SASA Ltd Guidelines with regard to video recording and zoom photography.
- **Should you wish to use your mobile phone for photographic purposes on poolside the procedure above must be followed.**
- **Coaches should not use cameras on pool deck unless media accreditation has been approved prior to the event.**
- **In order to control digital photographs in the changing village, no mobile phones may be used in that area.**
- **No flash photography permitted at any time within the competition pool hall.**
- **In the interests of Health and Safety reasons, hot food and hot drinks must not be taken into the pool hall.**
- No articles, periodicals, publications, flyers or goods of any nature may be offered either free or for sale by any persons save only SASA Ltd within events without the express written permission of SASA Ltd.
- Any person entering events must at all times comply with any and all instructions of any steward or officer of SASA Ltd and/or police officer. Failure to comply within a reasonable time with any such instruction will lead to the person being invited to leave.
- No tickets may be offered for resale within events. Any such tickets offered for sale may be confiscated by any steward or officer of SASA Ltd or any police officer.
- SASA Ltd reserves absolutely the right to eject from events any person failing to comply with each and all of the Event Regulations.

General Information

Eligibility To Compete

1. All competitors must be registered with their National Federation to be eligible to compete (FINA Rule GR 1.1).
2. To compete for a Scottish Club or Team at National Open Championships, competitors must be registered with the Scottish Amateur Swimming Association and must have paid their current registration fee.
3. In all events with Semi-finals and Finals, no more than 4 swimmers who do not qualify as Scottish will be allowed to progress to the Semi-finals, and no more than 2 swimmers who do not qualify as Scottish will be allowed to progress into any Final.
4. In all events with A and B finals no more than 4 swimmers who do not qualify as Scottish will be allowed to progress to the finals. No more than 2 of these 4 swimmers will be allowed to progress to the A Final.
5. In all events with Heats and Finals and Heat Declare Winner events, no more than 2 swimmers who do not qualify as Scottish will be allowed to progress into the Fastest Heat or Final.
6. A swimmer can only compete for one Club/Team during the Championships. Scottish Club/team members must be eligible to swim for their Club/Team in accordance with Company Rule **R13.6**. Any swimmer entering a Scottish championships as 'unattached' cannot compete for a Club/Team in relay events.

Age Groups Only

Competitors may only enter with CONSIDERATION times if they –

- a) Are competing for a Scottish Club or Team, **or**
- b) Qualify for National Eligibility (as defined by Company Rule 13.5.3) and are registered with SASA having paid their current registration fee.

Competitors who do not qualify as above, must achieve QUALIFICATION times in each event they enter.

National Eligibility

R13.5.3 - A competitor selected to represent Scotland must be either:

- a) A native of Scotland, **or**
- b) A person with a Scottish mother or father, **or**

- c) Satisfy either of the following residential criteria:
 - i) For the Commonwealth Games -
In line with current Commonwealth Games Federation Regulations or Guidelines (see information guide for details).
 - ii) For all other Meets -
A person who has been resident in Scotland for a minimum of 6 months in the 12 months prior to the first day of competition.

Please note these Meet Conditions are set for this year only to accommodate our Commonwealth Games trials.

Drug Testing

Please note that drug testing may be in operation at any Scottish event. All swimmers not registered with the Scottish Amateur Swimming Association or the Amateur Swimming Association/Welsh Amateur Swimming Association will be required to sign an agreement to undergo tests as required in accordance with FINA Law. **Multi-Disability swimmers please refer to WADA and IPC anti-doping policy.** N.B. The Home Country or the ASA/WASA swimmers will have signed an agreement when submitting their registration fee.

All Scottish Amateur Swimming Association Swimming Committee Members, Staff etc should be aware that their registration card will gain them free admission to all Scottish Swimming Championships to include a programme and results.

TV Coverage

Heats and finals will be swum as 10 lane events (please note however in the event of securing broadcasting, finals will be moved to 8 lanes).

Meet Information
(under FINA/SASA Rules)

Dates: Tuesday 22nd June – Sunday 27th June 2010

Venue: Tollcross Park Leisure Centre, 340 Wellshot Road, Glasgow, G32 7QR
0141 276 0800

Pool: 10 lane x 50 metres, with separate warm-up and swim-down facilities
(Full electronic timing)

Meet Promoters: SASA National Swimming Committee

Sessions:	<u>Day One</u>	Session 1	Warm Up: 08.00	Start: 09.15
		Session 2	Warm Up: 16.15	Start: 17.30
	<u>Day Two</u>	Session 3	Warm Up: 08.00	Start: 09.15
		Session 4	Warm Up: 16.15	Start: 17.30
	<u>Day Three</u>	Session 5	Warm Up: 08.00	Start: 09.15
		Session 6	Warm Up: 12.15	Start: 13.15
		Session 7	Warm Up: 16.15	Start: 17.30
	<u>Day Four</u>	Session 8	Warm Up: 08.00	Start: 09.15
		Session 9	Warm Up: 12.15	Start: 13.15
		Session 10	Warm Up: 16.15	Start: 17.30
	<u>Day Five</u>	Session 11	Warm Up: 08.00	Start: 09.15
		Session 12	Warm Up: 12.15	Start: 13.15
		Session 13	Warm Up: 16.15.	Start: 17.30
	<u>Day Six</u>	Session 14	Warm Up: 08.00	Start: 09.15
		Session 15	Warm Up: 12.15	Start: 13.15
		Session 16	Warm Up: 16.15	Start: 17.30

***Please note** – Warm-up and start times may be adjusted once all entries have been received. Any changed session times will be notified with entry acceptances.

Training Prior To and during Championships:

Training will be available to all competing swimmers on a first come first serve basis from 12.00 noon – 7.00 pm on Monday 2st June 2010.

Swimsuits must comply with current FINA/SASA rules at the time of the meet.

Programme Of Events:

Open:

50m Freestyle, Backstroke, Butterfly, Breaststroke	Heats, Semi-finals and Final
100m Freestyle, Backstroke, Butterfly, Breaststroke	Heats, Semi-finals and Final
200m Freestyle, Backstroke, Butterfly, Breaststroke	Heats and A & B Finals
200m Individual Medley	Heats and A & B Finals
400m Freestyle, 400 Individual Medley	Heats and A & B Finals
Women 800m, Men 1500m Freestyle	Heats and Final

Relay Events:

4 x 100 Freestyle Team	Heat Declared Winner
4 x 100 Medley Team	Heat Declared Winner
4 x 200 Freestyle Team	Heat Declared Winner

Please note: A junior relay team shall consist of 4 swimmers who will be aged under 17 years on 31st December 2010.

Age Group Events:

Boys: 16 and under

Girls: 15 and under

100m Freestyle, Backstroke, Breaststroke, Butterfly	Heats and Final
200m IM, 200 Freestyle, Backstroke, Breaststroke, Butterfly	Heats and Final
400m IM, 400 Freestyle	Heat Declared Winner

A detailed programme of events is attached.

Please note: For Age Group Events, age as at last day of competition – 27th June 2010

Please Note:

- For the Heats "OVER THE TOP STARTS" will be used where appropriate.
- All Heats, Semi-finals and Finals will be swum as 10 lane events.
- In the event of television coverage being secured, Finals will be reduced to 8 lanes.
- A maximum of four reserves will be nominated for Semi Finals and for Finals where B finals are being swum.
- A maximum of two reserves will be nominated for Finals where there is no semi-final or B Final.
- Reserves will be allocated to vacant lanes.

Meet Entries

Entry Times:

Competitors must enter times achieved in Scottish accredited or equivalent competitions held in the 12 months prior to the event closing date (since 2 June 2009) and either be 50 metre pool times or conversions to 50 metre pool times. Official Conversion Tables: Hy-tek standard conversion or ASA conversion table may be used.

Qualifying and consideration times are attached. Any swimmer achieving a qualifying time will be entered into the event. The organisers reserve the right to restrict entries from swimmers achieving consideration times to ensure a good standard of competition.

Team Entries:

Clubs may enter (1) senior team and one (1) junior team per event. Notification of provisional team members should be submitted prior to the Championships by either spread-sheet or word document to jbruce2160@aol.com. Changes can be made up to 1 hour prior to the start of the appropriate session on team line forms and handed into the Recorder's Desk. No changes to swim order or swimmers shall be permitted expect in the event of a medical emergency after the start of the appropriate session.

A junior relay team shall consist of 4 swimmers who will be aged under 17 years on 31st December 2010.

Please submit estimated entry times for the purposes of seeding along with anticipated team names. Please also include all relay swimmers details who may not be swimming in individual events (this is to ensure that you are issued with the required number of swimmer passes and to ensure a more streamlined process on the day).

Disability Events:

Swimmers with a disability must have an authorised British Swimming, IPC Swimming or INAS-FID classification and be registered as members of a club affiliated to SASA, ASA or WASA. Swimmers must achieve the consideration standards for their class in the MD events as per the Supplementary Disability Swimming Conditions attached. **Please refer to the Supplementary Disability Swimming Conditions for more information and entry forms.**

Please Note: In the event of fewer than five entries in any one event, the organising committee reserve the right to incorporate the disability event into the first heat of the corresponding open event. In the event of this, swimmers will be notified by the organising committee no later than 5th June 2010.

NB: The closing date for entries for the MD events is 27th May 2010

Entry Fees:

Individual Events: £8.00 Relays: £16.00

All cheques/postal orders should be made payable to 'Scottish Amateur Swimming Association Ltd'. **No entries will be accepted without the correct fee or with the Entry Files incorrectly completed.**

Please Note that no refunds will be given after the programme has been finalised.

Computer Entries:

The competition will be computerised, cards will not be used.

Entries will be by computer Files, which are obtainable from the Meet Entry Secretary (see below). Requests for the Meet Entry File should be made **at least two weeks in advance** of the closing date for entries. Only official files are acceptable.

Closing date for receipt of entries is **2pm, Wednesday 2nd June 2010**. The entry files must be e-mailed to jbruce2160@aol.com. The fees and other paperwork * should be sent to:

John Bruce (Meet Entry Secretary)
50 Station Road
Roslin
EH25 9LR
Tel: 0131 440 1752

*** Within a maximum of 3 days following the closing date**

Withdrawals

Heats:

Any withdrawals (including reserves) or amendments prior to the first day of the Championships should be notified to the Entries/Withdrawals Secretary by email or withdrawal form.

Any withdrawals from heats on Day 1 must be notified by email to jbruce2160@aol.com no later than 6.00 pm on Monday 21st June 2010.

Withdrawals from Morning heats on Day 2, 3, 4, 5 and 6 not previously notified must be lodged at the Recorders Desk no later than 6.00 pm on the day prior to the appropriate event. For the afternoon programme on Days 3, 4, 5, 6 and not previously notified must be lodged at the Recorders desk no later than 10.00 am on the day of the event.

Swimmers failing to comply with the above (except in the case of a genuine illness or proven emergency) will be liable to a £10 fine for each inappropriate withdrawal.

Finals:

Swimmers wishing to withdraw from a Semi-Final or Final, must inform the Recorders IN WRITING ON THE APPROPRIATE FORM within 30 minutes of Finalists Lists having been published or announced in the afternoon.

Swimmers who have not been withdrawn and fail to appear for finals will be fined and may be subject to further disciplinary action.

Any competitor withdrawing from a final in such a manner as to prevent a reserve taking part (except in the case of a genuine illness or proven emergency) shall be suspended immediately from all further events at the Championship. Where a reserve is brought in at short notice, the reserve shall occupy the vacant lane - there will be no re-seeding.

Please note any late withdrawals on medical grounds from heats and finals should be discussed with the Meet Director prior to submission to the Recorders.

Awards:

Medals/Trophies shall be presented as follows:

- a) Scottish Open Champion 1st, 2nd and 3rd
- b) Scottish National Champion 1st (provided the individual is not also the Open Champion)
- c) Scottish Junior Champion 1st (aged under 17 as at 31st December 2010)

Please note – Scottish National Champion and Scottish Junior Champion must be registered members of SASA. Scottish Junior Champion will only be awarded from the Open events.

Age Group Awards:

Medals will be presented to 1st, 2nd and 3rd placed swimmers.

Berger Paints Trophy:

The Berger Paints Trophy will be awarded for the best performance (male or female) by a Scottish swimmer in the National Open Championship. This will be calculated using the current FINA Points Tables.

National Open Club Trophy

Points will be calculated as follows: 1st – 13 points: 2nd – 11 points: 3rd – 9 points: 4th – 10th place: 7 points down to 1 point. Relays will be awarded points as follows; 1st – 26 Points: 2nd – 22 points: 3rd – 18 points: 4th – 10th place: 14 points down to 2 points. Points will only be awarded from the Open Competition. Please see below the conditions attached to the above Trophy.

- Clubs must be registered with Scottish Swimming
- For the purposes of the competition, "Club" is defined as any individual or composite club registered with Scottish Swimming.
- Points will be allocated to the club of representation as per the closing date for entries to the Scottish Age Group Championships
- An individual swimmer can only be counted for 1 individual event per day, using their best scoring event of each day
- Swimmers scoring points for clubs in either individual or relay events must be resident and undertake the majority of training within Scotland
- The highest scoring eligible relay team per club only will be counted for relay events
- Scores will be derived from finals (from the position finished within the final) and HDW events only
- Final points will be calculated following the completion of the last event with updates given at the end of each finals session
- The team with the highest amount of points following the completion of the final event will be presented with the "Top Age Group Club" Award.
- Monetary awards will be sent to clubs following the conclusion of the event.
- In the case of a tie, the sum of the rewards for the relevant clubs will be split evenly between them.

Top Club Awards

Awards will be given to the top 6 Scottish clubs as follows;

1st	£1200
2 nd	£1000
3 rd	£800
4 th	£600
5 th	£400
6 th	£200

Presentations:

Swimmers must report to the Presentation Marshal immediately upon completing their race and picking up their dry clothes from the holding area. Appropriate clothing must be worn for the presentations. It is the responsibility of the Coach/Team Manager to ensure that medallists or a deputy be available for presentation as per the presentation schedule, a copy of which will be included in your club envelope and posted around the pool.

Failure of a swimmer or deputy to attend the appropriate presentation will result in the swimmer forfeiting his/her medal.

Coaches Passes and Accreditation:

Passes:

Coaches/Chaperone passes can be purchased at a cost of £30.00 for the Meet which will allow, on presentation: poolside access, start and results sheets. All applicants must be CRB checked through either the ASA/SASA/WASA and applications must be accompanied with a recent electronic photograph (please note that previous applicants need not submit a photograph unless their appearance has changed dramatically, see application for further details). All swimmers participating in the Meet will be issued with a pass, which on presentation will allow them access to the 'Changing Village' and poolside access (swimmers are **not** required to submit photographs).

In addition you can order the following:

£ 16.50 - Coaches Meal ticket (per day)

Please complete the enclosed Coaches Pass Form and return with entry.

Accreditation:

Within the Leisure Centre, coaches, team support staff and swimmers must wear their accreditation pass and have it visible at all times.

Entry File Requests

Scottish Gas National Open Swimming Championships, 22th – 27th June 2010

Event files will be produced using the Hy-Tek Meet Management System and will be sent along with instructions (if requested) by email. Hy-Tek's 'Team Manager' or 'Team Manager Lite' is needed in order to complete entries.

'Team Manager Lite' can be downloaded free of charge by going on line to: www.hy-tek ltd.com

Please make applications by email providing the following details:

Tel: 0131 440 1752

Jbruce2160@aol.com

Club Name: _____

Club Contact's Name: _____

Address: _____

Postcode: _____

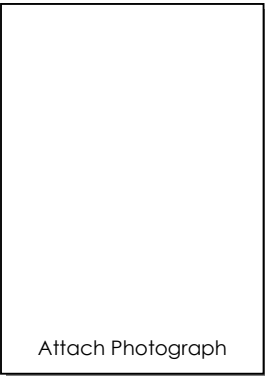
Telephone No: _____

Email: _____

APPLICATION FOR 2010 SCOTTISH GAS NATIONAL OPEN SWIMMING CHAMPIONSHIPS – COACH/CHAPERONE PASS

All **new** applicants must enclose 1 passport sized photograph along with their application. The cost of a Coach/Chaperone Pass for the Scottish National Open Swimming Championships is £30 and lost/replacement passes will be charged at £10 per pass. **HOLDERS OF THE '2010 –ANNUAL SCOTTISH SWIMMING NATIONAL EVENTS PASS' DO NOT NEED TO COMPLETE THIS FORM.**

Please ensure you have a valid CRB/Disclosure Scotland via the ASA/SASA/WASA before returning this application form. Applicants are advised that the CRB/Disclosure process can take at least 6 weeks to complete. Please note that Coaches from outside the UK must have a letter from the CEO of their governing body to accompany their application, confirming that they comply with that country's policy regarding child protection.



The closing date for Passes will be **2pm, Wednesday 2nd June 2010** with all applications being sent to the Meet Secretary, Mr John Bruce at jbruce2160@aol.com. Clubs requesting passes after this date will be refused unless in exceptional circumstances. Applications must be authorised by the Club Secretary. Please ensure that the form is completed fully and is in block capitals. Please note that we reserve the right to refuse applications.

To be completed by the applicant:

SASA Coach/Chaperone Photographic Pass No. (if known):	<input type="text"/>												
Club:	<input type="text"/>												
Surname:	<input type="text"/>												
Forename(s):	<input type="text"/>												
Home Address:	<input type="text"/>												
	<input type="text"/>												
	<input type="text"/>						Postcode:	<input type="text"/>					
Telephone Number:	<input type="text"/>												
Email Address:	<input type="text"/>												
Disclosure No:	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Date of Disclosure:	<input type="text"/>	<input type="text"/>	/	<input type="text"/>	<input type="text"/>	/	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Signature:	<input type="text"/>												

To be completed by the Club Secretary:

Application Made by (Name):	<input type="text"/>
Secretary of (Club Name):	<input type="text"/>
Telephone Number:	<input type="text"/>
Email Address:	<input type="text"/>
Signature:	<input type="text"/>

Application for Coaches' Meal Tickets

Club Name:

Number of Coaches' Meal Tickets required for each day*:

Tuesday 22nd June	_____	@ £16.50 =	£ _____
Wednesday 23rd June	_____	@ £16.50 =	£ _____
Thursday 24th June	_____	@ £16.50 =	£ _____
Friday 25th June	_____	@ £16.50 =	£ _____
Saturday 26th June	_____	@ £16.50 =	£ _____
Sunday 27th June	_____	@ £16.50 =	£ _____
Total of Meal Tickets Ordered for Event:	_____	@ £16.50 =	£ _____

- *Please note that the cost is per coach/per day and includes a 2 course lunch with tea and coffee and a light afternoon snack*
- *Tea and coffee and soft drinks will be available to all coaching and support staff throughout the Championships in the Dance Studio.*

Summary Sheet Application

Scottish Gas National Open Swimming Championships, 22nd – 27th June 2010

This form must be completed and returned with payment.

Club Name: _____

Club Contact's Name: _____

Address: _____

Postcode: _____

Telephone No: _____

Email: _____

Email address is important for urgent distribution of information and updates pertaining to the Meet

Total Male Entries (No.) _____ @ £8.00 = **£**

Total Female Entries (No.) _____ @ £8.00 = **£**

Total Relay Entries (No.) _____ @ £16.00 = **£**

Total Coach Passes (No.) _____ @ £30.00 = **£**

Total Coaches' Meal Tickets (No.) _____ @ £16.50 = **£**

Total Value of Cheque Enclosed **£** _____

Make cheque payable to '**Scottish Amateur Swimming Association Ltd**'

Form to be returned to:

**John Bruce
Meet Entry Secretary
50 Station Road
Roslin
Midlothian
EH25 9LR**