



CARNEGIE MINI SPRINT

2010

Sunday 21st November 2010

SESSION 1: Warm-up 08:30hrs Start 09:30hrs

SESSION 2: Warm-up 13:00hrs Start 14:00hrs

Licence number ED/LA2/371/0110

CARNEGI MINI SPRINT

Date: Sunday 21st November 2010

Venue: Fife Institute, GLENROTHES

Pool: 6 lane 25 metre competition pool; swim down pool; full electronic timing with 6 lane display scoreboard; anti-wave lane ropes; spacious spectator area; free nearby car parking; cafeteria.

Time:	Session	warm-up	start
	1	8:30-9:20	09:30
	2	13:00-13:50	14:00

Clubs will be allocated a warm up time for each session. Those travelling from further afield should indicate if they prefer a later warm up time.

Age groups: 9 years, 10 years, 11 years – as on day of competition.

Entry fees: £4:00 per 50m event (all four strokes) and £4.50 for 100m IMs. Relays £7.00 per team.

Coaches pass: £2:00 per club includes programme and poolside refreshments. Coaches meals available on request.

Awards: - Medals will be presented to 1st-6th in each individual event and 1st – 3rd for relay events.
- Best boy and girl in each age group
- Best club, based on overall points

Officials: Clubs with large teams of competitors are required to provide technical officials and assist with timekeeping. Please provide officials details on the entry form.

Closing date for entries: **FRIDAY 15th October 2010**

Entries are via Hytek Team Manager Event File which can be requested from Gary England at gengland@supanet.com. Tel 01383 726935

Other queries to the gala convenor, Andra Laird, at andra.laird@talktalk.net (Tel 01383 - 729818)

CARNEGIE SWIMMING CLUB MINI SPRINT

Meet Rules

- The meet will be held under S.A.S.A. laws.
- Ages as on the day of the competition.
- All swimmers of Scottish clubs must have a current S.A.S.A. registration number. All swimmers of non-Scottish clubs must be registered with their governing body.
- The pool is 25ms long with 6 lanes and anti-wave lane ropes.
- Electronic timing will be in operation. In the event of electronic failure, back-up manual timing will be used.
- Coaches and team managers must ensure that all their swimmers can safely dive into deep water as prescribed by current/planned legislation. This is a level 2 meet. Swimmers may only start in the water for backstroke events.
- No photographic or video equipment will be allowed in any area under the jurisdiction of the meet organisers without prior approval of the meet director. Application must be made on the approved S.A.S.A. form (attached)
- It is the responsibility of each club to ensure that their swimmers are aware of the meet rules and guidelines.

Entries

- Entries from composite teams and composite entries from groups of clubs will not be accepted.
- Closing date for entries Friday 15th October 2010
- All entries should be emailed to **gengland@supanet.com**.
- Relays are mixed sex and must have at least one boy or girl per team. All swimmers in the team should meet the age criteria for the event. No child may swim in more than one relay event (ie 10 yr olds may swim in either the 9-10 event OR the 10-11, but not both).
- Withdrawals must be made to the recorders no later than 45 minutes prior to the start of each session.
- The promoter's reserve the right to restrict entries if required. Entries will be accepted on time basis. Clubs should ensure entry times are accurate. Rejected entries will be refunded in full.
- There are no refunds for entries withdrawn after the draft programme is prepared.

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Events

- Over the top starts may be used at the discretion of the promoter to facilitate the smooth running of the meet.
- All events are heat declared winner.
- Swimmers must report to the competition stewards in the designated marshalling area at least five heats in advance.
- There will be a maximum of three reserves per event.

Miscellaneous

- The gala is sponsored by the Holiday Inn Express, Glenrothes (@01592 745509)
- The meet is licensed and a level 2 accreditation will be applied for.
- The Fife Institute has a cafeteria and refreshment vending machines.
- There will be a raffle, tombola etc
- The promoters reserve the right to exclude or refuse admission to any competitor, spectator or team official.
- Swimmers and coaches must not take glassware into the showers or on to poolside and are liable for expulsion from the meet if found to do so.
- Neither Carnegie Swimming Club nor Fife Sports and Leisure Trust can be held responsible for loss or damage to swimmers', team staff or spectators' property. Swimmers should secure their belongings in the changing rooms and not leave belongings unattended.
- Swimmers outwith the poolside must wear dry clothing and footwear at all times.
- Outdoor footwear must not be worn on the poolside.
- Anything not covered above and not printed in the event programme will be at the promoter's discretion.
- Carnegie Swimming Club reserves the right to vary the above conditions as necessary.

Any queries concerning the above should be directed to the gala convenor at andra.laird@talktalk.net (01383 729818)

Session 1		Warm – up 08:30. Start 09:30		
Event	Age			
101	11	Girls	100m	IM
102	11	Boys	100m	IM
103	9	Girls	50m	Breaststroke
104	9	Boys	50m	Breaststroke
105	10	Girls	50m	Butterfly
106	10	Boys	50m	Butterfly
107	11	Girls	50m	Freestyle
108	11	Boys	50m	Freestyle
109	9	Girls	50m	Butterfly
110	9	Boys	50m	Butterfly
111	10	Girls	50m	Freestyle
112	10	Boys	50m	Freestyle
113	11	Girls	50m	Backstroke
114	11	Boys	50m	Backstroke
115	9 or 10	Mixed	4x 25m	Freestyle relay

Session 2		Warm – up 13:00. Start 14:00		
Event	Age			
201	10	Girls	100m	IM
202	10	Boys	100m	IM
203	9	Girls	50m	Freestyle
204	9	Boys	50m	Freestyle
205	11	Girls	50m	Breaststroke
206	11	Boys	50m	Breaststroke
207	10	Girls	50m	Backstroke
208	10	Boys	50m	Backstroke
209	9	Girls	50m	Backstroke
210	9	Boys	50m	Backstroke
211	11	Girls	50m	Butterfly
212	11	Boys	50m	Butterfly
213	10	Girls	50m	Breaststroke
214	10	Boys	50m	Breaststroke
215	10 or 11	Mixed	4x 25m	Freestyle relay

Presentations will take place at the end of each session

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HEALTH AND SAFETY ANNOUNCEMENT

CONTROLLING THE USE OF PHOTOGRAPHIC EQUIPMENT

The Scottish Swimming Association has decided that control of photographic equipment is required at all meets. In view of this, the meet will run under the following guidelines:

- *No photographic equipment (e.g., camera, camcorder etc.) is to be allowed on either poolside, spectator gallery or any other area under the jurisdiction of the meet organisers without prior approval of the meet director.*
- *Application to use photographic equipment must be made on the approved S.A.S.A. form enclosed with this information.*
- *Application can be made on the day to the meet director or to the meet director's appointed official. Applicants must provide proof of identity when applying and carry such proof when intending to use their photographic equipment.*

CARNEGIE SWIMMING CLUB MINI SPRINT

This form must be completed and returned (with a cheque made payable to Carnegie Swimming Club) to **Mr Gary England, 2 Woodruff Gait, Dunfermline, KY12 0NL.**

Club name Contact Name
 Address
 Telephone No Email address.....

All entries to be emailed to **gengland@supanet.com**. *Please attach an electronic copy of this form to the Hytec Entry Return.*

Number of 50m entries @ £4:00 each £.....

Number of 100m IM entries @ £4:50 each £.....

Total numbers of relay entries @ £7.00 £.....

Coach Passes (per club) 1 @ £ 2.00

Coaches meal tickets @ £8.50 each £.....

TOTAL ENCLOSED £.....

Preferred warm up slot

*Please tick here () if you would prefer a late warm up time for session 1.
 Clubs travelling from further afield will be given preference.*

Officials and timekeepers

Please list below the names of TO's, their level (J1, J2 etc) and timekeepers.
 Please also identify any probationers (P).

	TOs and probationers	Timekeepers
Session 1		
Session 2		

SCOTTISH SWIMMING
HEALTH & SAFETY COMMITTEE
APPLICATION FORM TO USE PHOTOGRAPHIC
EQUIPMENT



DETAILS OF APPLICANT

Name _____

Address _____

Club _____

Name of Meet _____

Venue of Meet _____

Type of Equipment _____
(e.g. camera, camcorder)

VERIFICATION OF CLUB/ASSOCIATION

Club Name _____

Club Secretary Name _____

Address _____

Club Secretary Officials Signature _____

DECLARATION OF APPLICANT

I declare that the picture/film(s) produced by the equipment stated above will not be altered in any way, without prior approval, in writing of the person(s) photographed.

Signature of Applicant _____

NOTIFICATION TO APPLICANT

The above application has been (APPROVED / REFUSED) *(delete as appropriate)

Signature of Meet official _____

NOTE:- PROOF OF IDENTITY MUST BE PRODUCED ON REQUEST WHEN EQUIPMENT IS TO BE USED.