(Affiliated to SASA)
Present their

## SHORT COURSE OPEN MEET

(under FINA Rules \& SASA Regulations)

## $13^{\text {th }} \& 14^{\text {th }}$ NOVEMBER 2010

VENUE:

## POOL:

ELECTRONIC TIMING:
MEET LICENCE:
ENTRY FEE:
COACHES PASSES:

CLOSING DATE FOR ENTRY:
REFRESHMENTS:

MEET ENQUIRIES:

## AGE GROUPS:

Age is determined as at $15 / 11 / 2009$ Swimmers may only enter in their own Age group.

WARM UP + START TIMES:

SWIM SHOP:
PRIZES:

Johnstone Swimming Pool
Ludovic Square
Johnstone
PA5 8EE
01505337000
6 lane x 25 m
OMEGA
WD/L2/ 695/1110
$£ 5.00$ per event
$£ 15.00$ to include programme, result sheets, and meals for both days.

Friday $15^{\text {th }}$ October 2010
Snacks, Teas, Coffees will be available at the Cafeteria area, however please note HOT drinks are NOT to be taken to the spectator area.

John \& Diane Kerr
Tel: 01505340239
Email: diane.kerr2@ntlworld.com
10/11 years: $\quad 50 \mathrm{~m}$ Free, 100 m all strokes, 200 m IM
12/13 years: $\quad 50 \mathrm{~m}$ Free, 100 m all strokes, 200 m Free, 400 m Free, 200 m IM, 400 m IM

14/15 years: $\quad 50 \mathrm{~m}$ Free, 100 m all strokes, 200 m all strokes, 400 m Free, 200 m IM, 400 m IM

16 \& over: $\quad 50 \mathrm{~m}$ Free, 100 m all strokes, 200 m all strokes, 400 m Free, 200 m IM, 400 m IM
$8.30-9.45 \mathrm{am}$ for 10.00 am start / $1.30-2.20 \mathrm{pm}$ for 2.30 pm start
Will be available during the meet
16 \& over events:
$1^{\text {st }} £ 15.00$
$2^{\text {nd }} £ 10.00$
$3^{\text {rd }} £ 5.00$
Other Age Group events:
medals for first three £100.00

## REN 96 SHORT COURSE OPEN MEET

## SATURDAY $13^{\text {th }} \&$ SUNDAY $14^{\text {th }}$ NOVEMBER 2010 <br> JOHNSTONE SWIMMING POOL

1. The meet is to be held under FINA Rules \& SASA Regulations and has the License number WD/L2/695/1110
2. The pool is 25 m long x 6 lanes, with anti-turbulence lane ropes and Omega electronic timing in operation. There is no swim down facility.
3. FOR WITHDRAWALS THE MEET HAS A SIGNING-IN PROCEDURE:

All swimmers must check in to the entry marshals in the foyer. Exceptionally, on the production of their pass, coaches will be allowed to sign in their swimmers. Latest check in times will be $\mathbf{4 5}$ minutes prior to the session start time. Swimmers who have not signed in will be considered as WITHDRAWN. Start sheets will then be posted at various locations around the poolside. Swimmers will be called for in whole events, at least one event prior to their swim and marshalled into heats in the designated marshalling areas. Swimmers will then be sent down in heat order to the starting blocks.
4. Finalists wishing to withdraw must notify the announcer immediately following the announcements of swimmers for the final. Failure to do so may result in that swimmer being withdrawn from the remainder of the meet.
5. Warm ups will be split to accommodate the numbers and age range of competitors. Warm ups will be split as per the schedule of events.
6. Awards will be made to the top three swimmers in each event.
7. A Top Club award prize of $£ 100$ will be made to the best overall team. This will be based on the following scoring system: $1^{\text {st }}$ place in final $=6$ points, $2^{\text {nd }}=5$ points down to $6^{\text {th }}=$ 1 point.
8. Over the top starts will be used during the meet at the discretion of the meet management.
9. Coaches Passes will be issued at $£ 15.00$ each. These will provide admission to all sessions, a programme, a set of result sheets, and meals on both days. Only Club Coaches, swimmers and officials will be allowed on the poolside.
10. Entries to events will be restricted and will be accepted on the basis of entry times. Any entry not accepted will be refunded. There will be reserve swims. However, where no swim is available on the day a full refund will be issued. A list of excluded entries will be sent to the contact stated on the meet entry form. It is the responsibility of the person receiving the entries to check the accuracy of the accepted swims and to inform all relevant swimmers of their accepted entries. REN 96 reserves the right to fill lanes with their swimmers where an event is under subscribed.
11. As the Meet will be run using Hy Tek Meet Manager the appropriate files for importing entries to Team Lite or Team Manager 4 will be available from: diane.kerr2@ntlworld.com
12. All swimmers of Scottish clubs must have a current SASA registration number. All swimmers of non-Scottish clubs must be registered with their governing body.
13. The correct fee of $£ 5.00$ per event must accompany the completed paperwork and be sent to the Club Office by the closing date of Friday $15^{\text {th }}$ October 2010. Cheques should be made payable to "REN 96 Swim Team" and sent to the Club Office

REN 96 Swim Team Club Office,
Johnstone Pool, Ludovic Square, Johnstone PA5 8EE
14. Swimmers, Coaches and Team Managers must ensure that all of their swimmers can safely dive into deep or shallow water as prescribed by current/planned legislation. There will be no diving at the shallow end of the pool. There will be a one-way system operating around the pool.
15. No photographic or video equipment will be allowed in any area under the jurisdiction of the Meet Organisers without prior approval of the Meet Manager. Application may be made on the day of Meet at the Meet Office. The application must be made on the approved SASA form, and evidence should be shown that they have a swimmer(s) competing in the Meet.
16. To ensure accreditation for each session we would appreciate support from participating Clubs by nominating Technical Officials qualified to Judge.
16. All mobile phones should be switched off on the poolside.

## Programme of Events \& Consideration Times:

SESSION 1

| Saturday 13 November 2010 |  |  | Warm up 8.30am - 9.50am |  | Start 10.00am |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Event 101 | Male | 12//13yrs | 400m Freestyle | 05.20.00 | HDW |
|  |  | 14/15yrs | 400m Freestyle | 05.10.00 | HDW |
|  |  | 16 yrs \& over | 400m Freestyle | 05.00.00 | HDW |
| Event 102 | Female | 12/13yrs | 100m Butterfly | 01.30.00 |  |
| Event 103 | Male | 10/11yrs | 200 m I.M. | 03.45.00 | HDW |
| Event 104 | Female | 14/15yrs | 200m Backstroke | 02.50.00 | HDW |
|  |  | 16 yrs \& 0ver | 200m Backstroke | 02.45.00 | HDW |
| Event 105 | Male | 12/13yrs | 100m Freestyle | 01.13.00 |  |
| Event 106 | Male | 14/15yrs | 100m Breaststroke | 01.30.00 |  |
| Event 107 | Female | 14/15yrs | 200m I.M. | 02.50.00 | HDW |
|  |  | 16 yrs \& over | 200 m I.M. | 02.48.00 | HDW |
| Event 108 | Female | 10/11yrs | 100m Backstroke | 02.02.00 |  |
| Event 109 | Male | 16 yrs \& over | 100m Butterfly | 01.20.00 |  |
| Event 110 | Female | 12/13yrs | 100m Backstroke | 01.34.00 |  |
| Event 111 | Male | 10/11yrs | 50m Freestyle | 00.36.00 |  |
|  |  | 12/13yrs | 50m Freestyle | 00.35 .50 |  |
| Event 112 | Male | 14/15yrs | 200m Breaststroke | 03.05.00 | HDW |
|  |  | 16 yrs \& over | 200m Breaststroke | 03.00.00 | HDW |
| Event 113 | Female | 14/15yrs | 100m Freestyle | 01.17.00 |  |
| Event 114 | Female | 16 yrs \& over | 100m Backstroke | 01.30.00 |  |

## Finals of Events:

102, 105, 106, 108, 109, 110, 111, 113, 114

SESSION 2

| Saturday 13 November 2010 |  |  | Warm up 1.30-2.2 | Start 2.30pm |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Event 201 | Female | 12/13yrs | 400m Freestyle | 05.20 .00 | HDW |
|  |  | 14/15yrs | 400m Freestyle | 05.10.00 | HDW |
|  |  | 16 yrs \& over | 400m Freestyle | 05.00.00 | HDW |
| Event 202 | Male | 12/13yrs | 100m Butterfly | 01.30.00 |  |
| Event 203 | Female | 10/11yrs | 200m I.M. | 03.45.00 | HDW |
| Event 204 | Male | 14/15yrs | 200m Backstroke | 02.50.00 | HDW |
|  |  | 16 yrs \& over | 200m Backstroke | 02.40.00 | HDW |
| Event 205 | Female | 12/13yrs | 100m Freestyle | 01.20 .00 |  |
| Event 206 | Female | 14/15yrs | 100m Breaststroke | 01.40.00 |  |
| Event 207 | Male | 10/11yrs | 100m Backstroke | 01.54.00 |  |
| Event 208 | Male | 14/15yrs | 200m I.M. | 02.35.00 | HDW |
|  |  | 16 yrs \& over | 200m I.M. | 02.32.00 | HDW |
| Event 209 | Female | 16 yrs \& over | 100m Butterfly | 01.30.00 |  |
| Event 210 | Male | 12/13yrs | 100m Backstroke | 01.26.00 |  |
| Event 211 | Female | 10/11yrs | 50m Freestyle | 00.37.00 |  |
|  |  | 12/13yrs | 50m Freestyle | 00.35 .50 |  |
| Event 212 | Female | 14/15yrs | 200m Breaststroke | 03.12.00 | HDW |
|  |  | 16 yrs \& over | 200m Breaststroke | 03.07.00 | HDW |
| Event 213 | Male | $14 / 15 \mathrm{yrs}$ | 100m Freestyle | 01.08.00 |  |
| Event 214 | Male | 16 yrs \& over | 100m Backstroke | 01.22.00 |  |

SESSION 3

| Sunday 14 November 2010 |  |  | Warm up 8.30am - 9.50am |  | Start 10.00am |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Event 301 | Male | 12/13yrs | 400m I.M. | 05.51.00 | HDW |
|  |  | 14/15yrs | 400m I.M. | 05.47.00 | HDW |
|  |  | 16 yrs \& over | 400m I.M. | 05.40.00 | HDW |
| Event 302 | Female | 12/13yrs | 100 m Breaststroke | 01.43.00 |  |
| Event 303 | Male | 10/11yrs | 100m Freestyle | 01.33.00 |  |
| Event 304 | Female | 14/15yrs | 200m Butterfly | 03.10.00 | HDW |
|  |  | 16 yrs \& over | 200m Butterfly | 03.00.00 | HDW |
| Event 305 | Male | 12/13yrs | 200m I.M. | 03.00.00 | HDW |
| Event 306 | Male | 16 yrs \& over | 100 m Breaststroke | 01.28.00 |  |
| Event 307 | Female | 14/15yrs | 50m Freestyle | 00.35.00 |  |
|  |  | 16 yrs \& over | 50m Freestyle | 00.34.50 |  |
| Event 308 | Female | 10/11yrs | 100m Butterfly | 02.05.00 |  |
| Event 309 | Male | 14/15yrs | 100m Backstroke | 01.24.00 |  |
| Event 310 | Female | 12/13yrs | 200m Freestyle | 02.38.00 | HDW |
| Event 311 | Male | 10/11yrs | 100m Breaststroke | 02.13.00 |  |
| Event 312 | Female | 16 yrs \& over | 100m Freestyle | 01.12.00 |  |
| Event 313 | Female | 14/15yrs | 100m Butterfly | 01.30.00 |  |
| Event 314 | Male | 14/15yrs | 200m Freestyle | 02.27 .00 | HDW |
|  |  | 16 yrs \& over | 200m Freestyle | 02.25.00 | HDW |

## Finals of Events:

302, 303, 306, 307, 308, 309, 311, 312, 313

## SESSION 4

| Sunday 14 November 2010 |  |  | Warm up 1.30-2.25pm | Start 2.30pm |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Event 401 | Female | 12/13yrs | 400m I.M. | 06.20.00 | HDW |
|  |  | 14/15yrs | 400 m I.M. | 06.10.00 | HDW |
|  |  | 16 yrs \& over | 400m I.M. | 06.00.00 | HDW |
| Event 402 | Male | 12/13yrs | 100 m Breaststroke | 01.43.00 |  |
| Event 403 | Female | 10/11yrs | 100m Freestyle | 01.26.00 |  |
| Event 404 | Male | 14/15yrs | 200m Butterfly | 03.00.00 | HDW |
|  |  | 16 yrs \& over | 200m Butterfly | 02.50.00 | HDW |
| Event 405 | Female | 12/13yrs | 200m I.M. | 02.56.00 | HDW |
| Event 406 | Female | 16 yrs \& over | 100m Breaststroke | 01.37.00 |  |
| Event 407 | Male | 14/15yrs | 50m Freestyle | 00.31.00 |  |
|  |  | 16 yrs \& over | 50m Freestyle | 00.30.50 |  |
| Event 408 | Male | 10/11yrs | 100m Butterfly | 02.05.00 |  |
| Event 409 | Female | 14/15yrs | 100m Backstroke | 01.32.00 |  |
| Event 410 | Male | 12/13yrs | 200m Freestyle | 02.51.00 | HDW |
| Event 411 | Female | 10/11yrs | 100m Breaststroke | 01.53.00 |  |
| Event 412 | Male | 16 yrs \& over | 100m Freestyle | 01.05.00 |  |
| Event 413 | Male | 14/15yrs | 100m Butterfly | 01.30.00 |  |
| Event 414 | Female | 14/15yrs | 200m Freestyle | 02.31.00 | HDW |
|  |  | 16 yrs \& over | 200m Freestyle | 02.28.00 | HDW |

## Finals of Events:

402, 403, 406, 407, 408, 409, 411, 412, 413.

## SUMMARY SHEET

## SHORT COURSE OPEN MEET

$13^{\text {th }} \& 14^{\text {th }}$ NOVEMBER 2010

## Closing date: Friday 15 ${ }^{\text {th }}$ October, to be returned to:

Claire Beadie
REN 96 Swim Team
Club Office
Johnstone Swimming Pool
Ludovic Square
Johnstone
PA5 8EE

CLUB $\qquad$
CONTACT NAME $\qquad$
CONTACT TELEPHONE NUMBER AND ADDRESS

EMAIL: $\qquad$

## Entries:

$\qquad$ Boys entries @ $£ 5.00=$
$\qquad$ Girls entries @ $£ 5.00=$
Coaches Passes @ £15.00 =

TOTAL RETURNS =

## REN 96 SWIM TEAM

## SHORT COURSE OPEN MEET

## $13^{\text {th }} \& 14^{\text {th }}$ NOVEMBER 2010

Please complete this form - to apply with accreditation requirements.

## On behalf of <br> $\qquad$ (Name of Club)

- I confirm that all entered swimmers have paid the current S.A.S.A. Membership Fee.
- I confirm that the notice of use of photographic equipment has been brought to the attention of the swimmers, parents and coaches who will be attending the meet.
- I confirm that all swimmers have trained and are competent to dive into the pool.


## Signed

Position Held $\qquad$

## REN 96 Swim Team

## Short Course Open Meet $13^{\text {th }} \& 14^{\text {th }}$ November 2010

## Club

$\qquad$

## Club Contact

$\qquad$

Tel. No. Email.

## OFFICIALS SHEET

| Name | Duty | Session <br> $\mathbf{1}$ | Session <br> $\mathbf{2}$ | Session <br> $\mathbf{3}$ | Session <br> $\mathbf{4}$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Judge |  |  |  |  |
|  | Judge |  |  |  |  |
|  | Judge |  |  |  |  |
|  | Judge |  |  |  |  |
|  | Judge |  |  |  |  |
|  | Judge |  |  |  |  |
|  | Judge |  |  |  |  |
|  | Judge |  |  |  |  |

Due to licensing and accreditation conditions, we would ask any Technical Official travelling with Clubs to make themselves available on the day. It would be appreciated if each Club attending could provide one Judge per session, to ensure the meet is accredited

Thank you.

