

**CARNEGIE S.C.**  
**GRADED SPRING MEET**  
**2008**



**CARNEGIE LEISURE CENTRE**  
**DUNFERMLINE**

**Sunday 10<sup>th</sup> February 2008**

SESSION 1: Warm-up 08:30hrs Start 09:30hrs

SESSION 2: Warm-up 13:30 Start 14:30hrs

Licence Number: ED/LA2/159/1007

**CARNEGIE SWIMMING CLUB  
GRADED SPRING MEET  
SUNDAY 10<sup>th</sup> FEBRUARY 2008**

**General Information**

- Date: Sunday 10<sup>th</sup> February 2008
- Venue: Carnegie Leisure Centre, Dunfermline
- Pool: 6 lane 25 metre; full electronic timing with 6 lane display scoreboard; anti-wave lane ropes; spectator area; cafeteria; swim shop.
- Time:
- |   | <u>Session</u> | <u>Girls warm-up</u> | <u>Boys warm-up</u> | <u>Start</u> |
|---|----------------|----------------------|---------------------|--------------|
| 1 | 09:30          | 08:30 – 08:55        | 08:55 – 09:20       |              |
| 2 | 14:00          | 13:30– 13:55         | 13:55 – 14.20       |              |
- Ages: As at 10<sup>th</sup> February 2008
- Age groups: 12/U, 13/14 Years, 15/O
- Entry fees: £4.50 per event.
- Coaches pass: £7:00 (This includes programme, results sheets and a meal).
- Awards: \* Individual events: Trophies / medals will be presented to all finalists (except those disqualified or those who swim faster than time band)
- Best boy and girl in each age group.
  - Best club based on overall points.
- Officials:** **Would any Swimming Technical Officials travelling with clubs please make themselves available for assistance on the day. Please note, however, that expenses will not be paid to officials who have children participating in the gala.**

Closing date for entries: **FRIDAY 11<sup>th</sup> JANUARY 2008**

**Return to:** Peter Lee

**Telephone:** 01592 750115

**e-mail:** [peterlee@swimscotland.org.uk](mailto:peterlee@swimscotland.org.uk)

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**Meet Rules**

- The meet will be held under S.A.S.A. Rules.
- Ages as on the day of the competition.
- All swimmers from Scottish clubs must have a current S.A.S.A. registration number.
- All swimmers from non-Scottish clubs must be registered with their governing body.
- The pool is 25 metres long with 6 lanes separated by anti-wave lane ropes.
- Electronic timing will be in operation. In the event of electronic failure, back-up manual timing will be used.
- Swimmers, coaches and team managers must ensure that all their swimmers can safely dive into deep or shallow water as prescribed by current/planned legislation. There will be no diving at the shallow end of the pool.
- No photographic or video equipment will be allowed in any area under the jurisdiction of the meet organisers without prior approval of the meet director. Application must be made on the approved S.A.S.A. form.
- It is the responsibility of each club to ensure that their swimmers are aware of the meet rules and guidelines.

**Entries**

- Closing date for entries Friday 11<sup>TH</sup> January 2008
- **All entries should be made in a Team Manager file, a copy of the events file for which can be obtained from the Meet Entry Secretary at [peterlee@swimscotland.org.uk](mailto:peterlee@swimscotland.org.uk)**
- Withdrawals must be made to the recorders no later than 45 minutes prior to the start of each session on the sheets provided.
- The promoter's reserve the right to restrict entries in order to facilitate the smooth running of the meet. Entries will be accepted on time basis. Clubs should ensure entry times are accurate. Rejected entries will be refunded in full.

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**Events**

- Over the top starts may be used at the discretion of the promoter's in order to facilitate the smooth running of the meet.
- Swimmers must report to the competitor stewards in the designated marshalling area at least FIVE heats in advance.
- There will be a maximum of three reserves per event.

**Miscellaneous**

- Accreditation has been applied for.
- Carnegie Leisure Centre has a cafeteria and refreshment vending machines.
- A swim shop will be open during the meet.
- The promoters reserve the right to exclude or refuse admission to any competitor, spectator or team official.
- Swimmers and coaches must not take glassware into the showers or on to poolside and are liable for expulsion from the meet if found to do so.
- Neither Carnegie Swimming Club nor Carnegie Leisure Centre, Dunfermline can be held responsible for loss or damage to swimmer's, team staff or spectator's property. Swimmers are strongly advised to secure property in the lockers provided in the changing rooms and not to leave belongings lying around unattended.
- Swimmers outwith the poolside must wear dry clothing and footwear at all times.
- Outdoor footwear must not be worn on the poolside.
- Anything not covered above and not printed in the event programme will be at the promoter's discretion.
- Carnegie Swimming Club reserves the right to vary the above conditions as necessary.

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**CONTROLLING THE USE OF PHOTOGRAPHIC EQUIPMENT**

Due to a warning received on paedophile activity the Scottish Swimming Association has decided that control of photographic equipment is required at all meets. In view of this, the meet will run under the following guidelines:

- *No photographic equipment (e.g., camera, camcorder etc.) is to be allowed on either poolside, spectator gallery or any other area under the jurisdiction of the meet organisers without prior approval of the meet director.*
- *Application to use photographic equipment must be made on the approved S.A.S.A. form enclosed with this information.*
- *Application can be made on the day to the meet director or to the meet director's appointed official. Applicants must provide proof of identity when applying and carry such proof when intending to use their photographic equipment.*

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**Programme of Events & Consideration Times**

<b>Session 1</b>		<b>Warm – up 0830 : Start 0930</b>			
Event	Age Group				Entry Time no faster than
101	Open	Boys	400m	Freestyle	-
102	12/Under	Girls	100M	Butterfly	1:24.00
103	12/Under	Boys	100M	Butterfly	1:24.00
104	13/14	Girls	100M	Backstroke	1:16.00
105	13/14	Boys	100M	Backstroke	1:15.00
106	15/Over	Girls	100M	Freestyle	1:04.00
107	15/Over	Boys	100M	Freestyle	1:01.00
108	Open	Girls	200M	I.M.	-
109	12/Under	Boys	100M	Backstroke	1:22.00
110	12/Under	Girls	100M	Backstroke	1:22.00
111	13/14	Boys	100M	Freestyle	1:10.00
112	13/14	Girls	100M	Freestyle	1:08.00
113	15/Over	Boys	100M	Breaststroke	1:20.00
114	15/Over	Girls	100M	Breaststroke	1:16.00

<b>Session 2</b>		<b>Warm – up 13.30 : Start 14.30</b>			
Event	Age Group				Entry Time no faster than
201	Open	Boys	200m	I.M.	-
202	12/Under	Girls	100M	Breaststroke	1:34.00
203	12/Under	Boys	100M	Breaststroke	1:34.00
204	13/14	Girls	100M	Butterfly	1:19.00
205	13/14	Boys	100M	Butterfly	1:16.00
206	15/Over	Girls	100M	Backstroke	1:13.00
207	15/Over	Boys	100M	Backstroke	1:10.00
208	Open	Girls	400M	Freestyle.	-
209	12/Under	Boys	100M	Freestyle	1:14.00
210	12/Under	Girls	100M	Freestyle	1:14.00
211	13/14	Boys	100M	Breaststroke	1:28.00
212	13/14	Girls	100M	Breaststroke	1:27.00
213	15/Over	Boys	100M	Butterfly	1:14.00
214	15/Over	Girls	100M	Butterfly	1:11.00

*Whilst there are no 'slower than' times for the 400 freestyle and the 200 IM, swimmers can only enter these events if they are entering at least one other event in the meet.*

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Please post this form and your cheque to: Mr P Lee  
2 Alves Drive  
Glenrothes  
Fife  
KY6 2JZ

to arrive no later than 7 days after the closing date.

All entries to be emailed to [peterlee@swimscotland.org.uk](mailto:peterlee@swimscotland.org.uk)

Total number of individual entries .....@ £4.00 £.....

Coach Passes (including meal ticket) .....@ £7.00 £.....

Extra Meal Tickets .....@ £7.00 £.....

TOTAL ENCLOSED £.....