

**CARNEGIE S.C.**  
**GRADED SPRING MEET**  
**2009**



**FIFE INSTITUTE, GLENROTHES**

**Sunday 1<sup>st</sup> FEBRUARY 2009**

SESSION 1: Warm-up 08:30hrs Start 09:30hrs

SESSION 2: Warm-up 13:30 Start 14:30hrs

Licence number : ED/LA2/230/0708

**CARNEGIE SC GRADED SPRING MEET  
SUNDAY 1<sup>st</sup> FEBRUARY 2009**

**General Information**

Date: Sunday 1<sup>st</sup> February 2009

Venue: Fife Institute, Glenrothes

Pool: 6 lane 25 metre; full electronic timing with 6 lane display scoreboard; anti-wave lane ropes; spectator area; cafeteria.

Time:	<u>Session</u>	<u>Girls warm-up</u>	<u>Boys warm-up</u>	<u>Start</u>
	1	08:55 – 09:20	08:30 – 08:55	09:30
	2	13:30 – 13:55	13:55 – 14.20	14:30

Ages: As at 1<sup>st</sup> FEBRUARY 2009

Age groups: 12/U, 13/14 YEARS, 15/O

Entry fees: £4.75 per individual event.

Coaches pass: £8:50 (includes programme, results sheets & meal).

Awards: \* Individual events: Medals will be presented to all finalists (except those disqualified or who swim faster than time band)

- Best boy and girl in each age group.
- Best club based on overall points.

**Officials: Would any Swimming Technical Officials travelling with clubs please make themselves available for assistance on the day.**

Closing date for entries: **12:00 midnight between 3<sup>rd</sup> / 4<sup>th</sup> January 2009**

**Return to: Peter Lee**

**Telephone: 01592 750115**

**e-mail: [peterlee@swimscotland.org.uk](mailto:peterlee@swimscotland.org.uk)**

**CARNEGIE SWIMMING CLUB  
GRADED SPRING MEET  
SUNDAY 1<sup>st</sup> FEBRUARY 2009**

**Meet Rules**

- The meet shall be held under S.A.S.A. Laws.
- Ages as on the day of the competition.
- All swimmers of Scottish clubs must have a current S.A.S.A. registration number.
- All swimmers of non-Scottish clubs must be registered with their governing body.
- The pool is 25 metres long with 6 lanes separated by anti-wave lane ropes.
- Electronic timing will be in operation. In the event of electronic failure, back-up manual timing will be used.
- Swimmers, coaches and team managers must ensure that all their swimmers can safely dive into deep or shallow water as prescribed by current/planned legislation.
- No photographic or video equipment will be allowed in any area under the jurisdiction of the meet organisers without prior approval of the meet director. Application must be made on the approved S.A.S.A. form.
- It is the responsibility of each club to ensure that their swimmers are aware of the meet rules and guidelines.

**Entries**

- Closing date for entries **12:00 midnight between 3<sup>rd</sup> /4<sup>th</sup> January**
- All entries should be made in a team manager file, a copy of the events file for which can be obtained from the meet entry secretary at **[peterlee@swimscotland.org.uk](mailto:peterlee@swimscotland.org.uk)**
- Withdrawals must be made to the recorders no later than 45 minutes prior to the start of each session on the sheets provided.
- The promoter's reserve the right to restrict entries if necessary. Entries will be accepted on time basis. Clubs should ensure entry times are accurate. Rejected entries will be refunded in full.

**CARNEGIE SWIMMING CLUB  
GRADED SPRING MEET  
SUNDAY 1<sup>st</sup> FEBRUARY 2009**

**Events**

- Over the top starts may be used at the discretion of the promoters to facilitate the smooth running of the meet.
- Swimmers must report to the competitor stewards in the designated marshalling area at least FIVE heats in advance.
- There will be a maximum of three reserves per event.

**Miscellaneous**

- The meet is accredited. Licence number ED/LA2/230/0708
- F.I.P.R.E. has a cafeteria and refreshment vending machines.
- There will be a raffle and tombola.
- The promoters reserve the right to exclude or refuse admission to any competitor, spectator or team official.
- Swimmers and coaches must not take glassware into the showers or on to poolside and are liable for expulsion from the meet if found to do so.
- Neither Carnegie Swimming Club nor Fife Institute, Glenrothes can be held responsible for loss or damage to swimmer's, team staff or spectator's property. Swimmers are strongly advised to secure property in the changing rooms and not to leave belongings lying around unattended.
- Swimmers outwith the poolside must wear dry clothing and footwear at all times.
- Outdoor footwear must not be worn on the poolside.
- Anything not covered above and not printed in the event programme will be at the promoter's discretion.
- Carnegie Swimming Club reserves the right to vary the above conditions as necessary.

Session 1		Warm – up 0830 : Start 0930			
Event					Entry time no faster than
101	OPEN	Boys	400m	FREESTYLE	-
102	12 and under	Girls	100M	BUTTERFLY	1.24.00
103	12 and under	Boys	100M	BUTTERFLY	1.24.00
104	13/14	Girls	100M	BACKSTROKE	1.16.00
105	13/14	Boys	100M	BACKSTROKE	1.15.00
106	15 and over	Girls	100M	FREESTYLE	1.04.00
107	15 and over	Boys	100M	FREESTYLE	1.01.00
108	OPEN	Girls	200M	IM	-
109	12 and under	Boys	100M	BACKSTROKE	1.22.00
110	12 and under	Girls	100M	BACKSTROKE	1.22.00
111	13/14	Boys	100M	FREESTYLE	1.08.00
112	13/14	Girls	100M	FREESTYLE	1.10.00
113	15 and over	Boys	100M	BREAST	1.16.00
114	15 and over	Girls	100M	BREAST	1.20.00

*Presentations will be interleaved within the programme*

Session 2		Warm – up 1330 : Start 1430			
Event					Entry time no faster than
201	OPEN	Girls	400m	FREESTYLE	-
202	12 and under	Boys	100M	BREAST	1.34.00
203	12 and under	Girls	100M	BREAST	1.34.00
204	13/14	Boys	100M	BUTTERFLY	1.16.00
205	13/14	Girls	100M	BUTTERFLY	1.19.00
206	15 and over	Boys	100M	BACKSTROKE	1.10.00
207	15 and over	Girls	100M	BACKSTROKE	1.13.00
208	OPEN	Boys	200M	IM	-
209	12 and under	Girls	100M	FREESTYLE	1.14.00
210	12 and under	Boys	100M	FREESTYLE	1.14.00
211	13/14	Girls	100M	BREAST	1.28.00
212	13/14	Boys	100M	BREAST	1.27.00
213	15 and over	Girls	100M	BUTTERFLY	1.14.00
214	15 and over	Boys	100M	BUTTERFLY	1.11.00

*There are no entry time limits for the open events and swimmers may enter just these events. However, if these open events are oversubscribed, priority will be given to those swimming in other events on the programme.*

*If swimmers are only swimming in open events, their swims will be treated as time only. Time only swims will not be awarded medals nor will they affect team points and points for best boy and best girl awards.*

**CARNEGIE SWIMMING CLUB  
GRADED SPRING MEET  
1 st FEBRUARY 2009  
HEALTH AND SAFETY ANNOUNCEMENT**

**CONTROLLING THE USE OF PHOTOGRAPHIC  
EQUIPMENT**

Due to a warning received on paedophile activity the Scottish Swimming Association has decided that control of photographic equipment is required at all meets. In view of this, the meet will run under the following guidelines:

- *No photographic equipment (e.g., camera, camcorder etc.) is to be allowed on either poolside, spectator gallery or any other area under the jurisdiction of the meet organisers without prior approval of the meet director.*
- *Application to use photographic equipment must be made on the approved S.A.S.A. form enclosed with this information.*
- *Application can be made on the day to the meet director or to the meet director's appointed official. Applicants must provide proof of identity when applying and carry such proof when intending to use their photographic equipment.*



**SCOTTISH SWIMMING**  
**HEALTH & SAFETY COMMITTEE**  
**APPLICATION FORM TO USE PHOTOGRAPHIC**  
**EQUIPMENT**



DETAILS OF APPLICANT

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Club \_\_\_\_\_

Name of Meet \_\_\_\_\_

Venue of Meet \_\_\_\_\_

Type of Equipment \_\_\_\_\_

(e.g. camera, camcorder)

VERIFICATION OF CLUB/ASSOCIATION

Club Name \_\_\_\_\_

Club Secretary Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Club Secretary Officials Signature \_\_\_\_\_

DECLARATION OF APPLICANT

*I declare that the picture/film(s) produced by the equipment stated above will not be altered  
in any way, without prior approval, in writing of the person(s) photographed.*

Signature of Applicant \_\_\_\_\_

NOTIFICATION TO APPLICANT

The above application has been (APPROVED / REFUSED) \*(delete as appropriate)

Signature of Meet official \_\_\_\_\_

**NOTE:- PROOF OF IDENTITY MUST BE PRODUCED ON REQUEST WHEN  
EQUIPMENT IS TO BE USED.**