



Hosted by
Dunedin Swim Team



Challenge Meet

Fife Sports Institute (FIPRE)
Glenrothes
4th & 5th September 2010

License No.: ED/LA2/335/0909



Dunedin Swim Team



Challenge Meet

Dunedin Swim Team invites you to their 4th Challenge Meet (under FINA & SASA Rules).

Meet Information

Date: Saturday 4th & Sunday 5th September 2010

Venue: Fife Institute of Physical and Recreational Education (FIPRE), Glenrothes, Fife

Pool: 25m, 6 lanes, anti-turbulent lane ropes, full electronic timing and scoreboard, spectator area and cafeteria. Swim down facilities will be available (however it is the responsibility of the Coaches / Team Managers to ensure that their swimmers use the facility for the purpose intended. Any abuse of this will result in the facility being removed).

Age Groups: 8 – 10yrs, 11/12yrs, 13/14yrs, 15 & over (as at 5th Sept 2010)

Events: The programme for each age group category will be as follows:

| | |
|------------|---|
| 8 - 10yrs: | 50m, 100m each stroke plus 100m IM (all HDW) |
| 11/12yrs: | 50m, 100m, 200m each stroke, 100m & 200m IM (all HDW) |
| 13/14yrs: | 50m, 100m, 200m each stroke, 100m & 200m IM (all HDW) |
| 15 & over: | 50m, 100m, 200m each stroke, 100m & 200m IM (all HDW) |

Age Group Events – heats will be swum with all age groups combined and swimmers seeded by entry times. Where possible the accepted entries for each age group will be equal but if an age group is under-subscribed, the organising committee reserve the right to include additional entries from other age groups. All swims will be HDW. A trophy will be awarded for the Best M & F Form Swim (based on GB pts). Trophies will be awarded to the Top three M & F swimmers overall in each age group based on points scored i.e. 1st (6pts), 2nd (5pts), 3rd (4pts), 4th (3pts), 5th (2pts) and 6th (1pt). To avoid the unnecessary waste where empty lanes appear, reserves will be given first refusal followed by Dunedin swimmers.

Competitor Cards & Starts: Timecards will not be used. Start sheets will be supplied to Coaches / Team Managers prior to the first event in each session. A one-start rule will be implemented throughout this competition. Over the top starts will be used where practicable.

Session Times: Saturday 4th (S1 & S2) and Sunday 5th (S3 & S4)

S1: Warm-Up 08:30hrs; Start 09:30hrs; Finish 12:30hrs

S2: Warm-Up 13:00hrs; Start 14:00hrs; Finish 17:00hrs

S3: Warm-Up 08:30hrs; Start 09:30hrs; Finish 12:30hrs

S4: Warm-Up 13:00hrs; Start 14:00hrs; Finish 17:00hrs



Dunedin Swim Team



Accreditation: Application for accreditation is being made under S.A.S.A rules therefore all entrants must have paid their membership fee to S.A.S.A or equivalent governing body.

Presentations: Awards will be presented to 1st, 2nd and 3rd place finishes in each event at the end of each session. Trophies for the top three M & F swimmers in each age group plus the Best M & F Form Swim (based on GB pts) will be awarded at the end of session 4. Appropriate club clothing must be worn for presentations. A swimmer or their representative must be available for presentation otherwise they forfeit their award.

Closing Date for Entries: Midnight on Friday 6th August 2010

NOTE: Entries from composite teams and composite entries from groups of clubs will not be accepted.

Event File Request: Send an E-mail quoting your Club, Name, Address and Telephone Number to John Bruce.

All entries should be submitted by E-mail and cheques/paperwork posted to:

John Bruce
50 Station Road
Roslin
EH25 9LR

E-mail Address: john.bruce@swimscotland.org.uk

IT IS THE RESPONSIBILITY OF ALL CLUB ENTRY SECRETARIES TO ENSURE THAT ALL ENTRY TIMES AND DATES OF BIRTH ARE CORRECT. A DRAFT PROGRAMME WILL BE MADE AVAILABLE TO ALL CLUB ENTRY SECRETARIES AS SOON AS POSSIBLE AFTER THE CLOSING DATE AT WHICH TIME ANY CORRECTIONS TO ENTRIES ALREADY MADE WILL BE ACCEPTED.

Entry Fees: £4.50 per event. Cheques made payable to 'Dunedin Swim Team'. Entries will not be accepted without a SASA Registration Number or equivalent.

Coaches Pass: £8.00 per day (covers programme, start sheets, meals and refreshments). Results will be e-mailed in PDF format shortly after the meet and posted on Swimscotland.

Officials: Any Swimming Technical Officials travelling with clubs are asked to make themselves available for assistance on the day. It would be appreciated if each club attending could provide at least one timekeeper and one judge per session.



Dunedin Swim Team



General Information

1. Meet to be held under S.A.S.A. rules. Enclosed is a health and safety form for all swimmers (mandatory). Age as on last day of competition (5th September 2010)
2. Over the top starts will be used at the discretion of the meet organizers.
3. No cards are required for this meet. Start sheets will be available to clubs prior to the start of each session.
4. It is the swimmer's responsibility to check in with the marshals in the allocated area. Swimmers should report to the marshals' **five** heats in advance of their race.
5. Spectator tickets and programmes will be available at the ticket table at the entrance to the balcony.
6. Presentation of awards will be made at the end of Session 1, 2, 3 and 4.
7. Result sheets will be posted on the poolside walls outside the changing rooms and on the spectator balcony as early as possible after each event. Results will be E-mailed to participating clubs and also posted at <http://www.swimscotland.co.uk>
8. No photographic or video equipment will be allowed in any area under the control of the meet organisers without prior approval of the Gala Convenor. Please note this also includes mobile phones with internal camera capability. Anyone found taking pictures with one of these phones without prior approval would be asked to leave. Applications for permission to use photographic equipment must be made on the approved SASA form obtainable from the Gala Convenor.
9. Dunedin Swim Team will attempt to offer a Swim Shop facility during the meet.
10. To avoid the unnecessary waste where empty lanes appear, reserves will be drawn from the reserve list and Dunedin Swim Team swimmers. Would clubs also note that under no circumstances should any swimmer other than the one named on the start sheet go to the marshalling area.
12. The Meet Management reserves the right to alter the programme and warm-up times if necessary. Anything not covered above and not printed in the event programme will be at the promoters' discretion.
13. To ensure the smooth running of this meet, clubs bringing a significant number of swimmers are obliged to provide 1-2 officials per club, ideally one timekeeper and one judge per session. Please complete the enclosed officials form nominating 1-2 officials and return it to the Entry Secretary by Friday 6th August 2010.

John McGonagle (Gala Convenor) Tel No. 07751-627368 E-mail: clufflat@aol.com



Dunedin Swim Team



Session (1 - 4) Information

| Saturday 4th September Session 1 – Warm-Up 08:30hrs; Start 09:30hrs | | | | |
|---|--------------------|-----------------|---------------|---------------|
| Event | Session No. | Distance | Stroke | Gender |
| 101 | 1 | 50m | Breaststroke | F |
| 102 | 1 | 50m | Backstroke | M |
| 103 | 1 | 200m | Butterfly | F |
| 104 | 1 | 200m | Freestyle | M |
| 105 | 1 | 100m | Backstroke | F |
| 106 | 1 | 100m | Breaststroke | M |
| 107 | 1 | 100m | I.M | F |
| Saturday 4th September Session 2 – Warm-Up 13:00hrs; Start 14:00hrs | | | | |
| Event | Session No. | Distance | Stroke | Gender |
| 201 | 2 | 50m | Breaststroke | M |
| 202 | 2 | 50m | Backstroke | F |
| 203 | 2 | 200m | Butterfly | M |
| 204 | 2 | 200m | Freestyle | F |
| 205 | 2 | 100m | Backstroke | M |
| 206 | 2 | 100m | Breaststroke | F |
| 207 | 2 | 100m | I.M. | M |
| Sunday 5th September Session 3 – Warm-Up 08:30hrs; Start 09:30hrs | | | | |
| Event | Session No. | Distance | Stroke | Gender |
| 301 | 3 | 50m | Freestyle | F |
| 302 | 3 | 50m | Butterfly | M |
| 303 | 3 | 200m | Breaststroke | F |
| 304 | 3 | 200m | Backstroke | M |
| 305 | 3 | 100m | Freestyle | F |
| 306 | 3 | 100m | Butterfly | M |
| 307 | 3 | 200m | I.M. | F |
| Sunday 5th September Session 4 – Warm-Up 13:00hrs; Start 14:00hrs | | | | |
| Event | Session No. | Distance | Stroke | Gender |
| 401 | 4 | 50m | Freestlye | M |
| 402 | 4 | 50m | Butterfly | F |
| 403 | 4 | 200m | Breaststroke | M |
| 404 | 4 | 200m | Backstroke | F |
| 405 | 4 | 100m | Freestyle | M |
| 406 | 4 | 100m | Butterfly | F |
| 407 | 4 | 200m | I.M. | M |

Awards will be presented to 1st, 2nd and 3rd place finishes in each event. All swims will be Heat Declared Winner (HDW). A trophy will be awarded for the Best M & F Form Swim (based on GB pts). Trophies will be awarded for the top three M & F swimmers overall in each age group based on points scored, 1st (6pts), 2nd (5pts), 3rd (4pts), 4th (3pts), 5th (2pts) and 6th (1pt).



Dunedin Swim Team



SUMMARY SHEET

**** This form must be completed and returned to the Entry Secretary. ****

Club:.....

Contact Name:.....

Address:.....

Post Code: Tel No.....

E-mail address:.....

Important for urgent distribution of information and updates pertaining to meet

Total Male Entries @ £ 4.50 = £.....

Total Female Entries @ £ 4.50 = £.....

Total Coaches Pass (Saturday) @ £8.00 = £.....

Total Coaches Pass (Sunday) @ £8.00 = £.....

Total cheque enclosed £.....

Please make cheque payable to “**Dunedin Swim Team**”

Form to be returned to:

**John Bruce
50 Station Road
Roslin
EH25 9LR**

E-mail Address: john.bruce@swimscotland.org.uk

TO BE RETURNED BY Friday 6th August 2010



Dunedin Swim Team



| | |
|----------------|--|
| Club | |
| Club Contact | |
| Tel No. | |
| E-mail Address | |

OFFICIALS SHEET (SATURDAY)

| Name | STO Duty | S1 | S2 |
|------|----------|----|----|
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OFFICIALS SHEET (SUNDAY)

| Name | STO Duty | S3 | S4 |
|------|----------|----|----|
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Please return this form with your cheque by Friday 6th August 2010 to John Bruce.

Gala Entries MUST be E-mailed to john.bruce@swimscotland.org.uk

**John Bruce
50 Station Road
Roslin
EH25 9LR**



Dunedin Swim Team



In order to comply with accreditation and health and safety requirements, this form must be completed and returned to the Entry Secretary with entries.

I confirm that all the entered swimmers have paid their current S.A.S.A. Registration fee (Scottish Clubs) or are affiliated members of their governing body (non-Scottish clubs).

I understand that any swimmer entered without a Registration Number (Scottish Clubs) or not affiliated to their governing body (non-Scottish Clubs) will be automatically rejected.

I confirm that all entered swimmers have been trained and are competent to dive into deep or shallow water in a safe manner as prescribed by current guidelines.

I hereby confirm all swimmers have agreed to submit to drug testing if selected to do so.

Signed:

Name (print)

Position in Club:

Name of Club:

Female/Male Dunedin Challenge Meet Short Course Records

| Gender Age Dist (m) | Butterfly | Backstroke | Breaststroke | Freestyle | I.M. |
|-----------------------------------|---|---|--|---|--|
| Female 8-10yrs 50m | Saskia Duncan Inverness ASC 00:36.22 | Saskia Duncan Inverness ASC 00:37.94 | Saskia Duncan Inverness ASC 00:41.39 | Saskia Duncan Inverness ASC 00:31.46 | |
| Female 8-10yrs 100m | Isabella Bosanko City of Sunderland ASC 01:20.58 | Saskia Duncan Inverness ASC 01:18.24 | Isabella Bosanko City of Sunderland ASC 01:32.40 | Saskia Duncan Inverness ASC 01:10.03 | Saskia Duncan Inverness ASC 01:20.68 |
| Female 11/12yrs 50m | Raquel Matos Portobello ASC 00:31.71 | Raquel Matos Portobello ASC 00:32.93 | Raquel Matos Portobello ASC 00:38.13 | Kathryn Woolston-Thomas City of Sunderland ASC 00:28.66 | |
| Female 11/12yrs 100m | Kathryn Woolston-Thomas City of Sunderland ASC 01:10.59 | Kathryn Woolston-Thomas City of Sunderland ASC 01:10.64 | Rachael O'Donnell InCAS 01:23.71 | Kathryn Woolston-Thomas City of Sunderland ASC 01:00.95 | Raquel Matos Portobello ASC 01:11.10 |
| Female 11/12yrs 200m | Kathryn Woolston-Thomas City of Sunderland ASC 02:30.28 | Kathryn Woolston-Thomas City of Sunderland ASC 02:26.98 | Rachael O'Donnell InCAS 02:57.91 | Kathryn Woolston-Thomas City of Sunderland ASC 02:10.69 | Raquel Matos Portobello ASC 02:32.85 |
| Female 13/14yrs 50m | Lucy Ellis Dunedin Swim Team 00:28.88 | Lisa Main Dunedin Swim Team 00:30.82 | Rebekah Wilson Duns 00:34.82 | Lucy Ellis Dunedin Swim Team 00:26.32 | |
| Female 13/14yrs 100m | Lucy Ellis Dunedin Swim Team 01:04.16 | Lisa Main Dunedin Swim Team 01:06.56 | Rebekah Wilson Duns 01:15.52 | Lucy Ellis Dunedin Swim Team 00:56.72 | Amy Fraser Gala 01:11.69 |
| Female 13/14yrs 200m | Rebekah Wilson Duns 02:26.36 | Kathryn Woolston-Thomas City of Sunderland ASC 02:24.46 | Rebekah Wilson Duns 02:42.07 | Lucy Ellis Dunedin Swim Team 02:02.24 | Rachael O'Donnell InCAS 02:28.15 |
| Female 15yrs + 50m | Eloise Barber Carnegie SC 00:28.86 | Ailsa Hershaw Carnegie SC 00:30.39 | Kathryn Johnstone Carnegie SC 00:32.59 | Eloise Barber Carnegie SC 00:27.03 | |
| Female 15yrs + 100m | Kirsty Paterson Duns 01:06.66 | Ailsa Hershaw Carnegie SC 01:04.70 | Kathryn Johnstone Carnegie SC 01:11.53 | Eloise Barber Carnegie SC 00:58.27 | Eloise Barber Carnegie SC 01:05.07 |
| Female 15yrs + 200m | Rebekah Wilson Duns 02:28.20 | Blaine Small Carnegie SC 02:24.40 | Kathryn Johnstone Carnegie SC 02:34.85 | Kathryn Johnstone Carnegie SC 02:06.89 | Eloise Barber Carnegie SC 02:20.21 |
| Male 8-10yrs 50m | Craig McLean Aquanauts Livingston 00:36.63 | Chris McColm Portobello ASC 00:36.08 | Jack Szaranek Carnegie SC 00:42.04 | Craig McLean Aquanauts Livingston 00:31.31 | |
| Male 8-10yrs 100m | Fraser Beeby Carnegie SC 01:27.19 | Craig McLean Aquanauts Livingston 01:20.98 | Andrew Webb Aberdeen Dolphins 01:38.21 | Craig McLean Aquanauts Livingston 01:11.17 | Chris McColm Portobello ASC 01:26.56 |
| Male 11/12yrs 50m | Mark Szaranek Carnegie SC 00:30.57 | Craig Bowman Carnegie SC 00:32.47 | Mark Szaranek Carnegie SC 00:37.69 | Mark Szaranek Carnegie SC 00:28.02 | |
| Male 11/12yrs 100m | Mark Szaranek Carnegie SC 01:10.16 | Craig Bowman Carnegie SC 01:08.23 | Mark Szaranek Carnegie SC 01:23.28 | Mark Szaranek Carnegie SC 01:00.60 | Craig Bowman Carnegie SC 01:13.19 |
| Male 11/12yrs 200m | James Black Aquanauts Livingston 02:35.50 | Craig Bowman Carnegie SC 02:26.43 | Mark Szaranek Carnegie SC 02:56.90 | Craig Bowman Carnegie SC 02:15.55 | Craig Bowman Carnegie SC 02:35.37 |
| Male 13/14yrs 50m | Myles Hershaw Carnegie SC 00:28.53 | Zach Courtney Unattached 00:30.25 | Jack Brownlee Fins CSC 00:33.77 | Euan Strorrrar Carnegie SC 00:25.80 | |
| Male 13/14yrs 100m | Mark Szaranek Carnegie SC 01:04.73 | Zach Courtney Unattached 01:04.92 | Jack Brownlee Fins CSC 01:14.66 | Euan Strorrrar Carnegie SC 00:56.98 | Jack Brownlee Fins CSC 01:06.03 |
| Male 13/14yrs 200m | Lewis Kirby Carnegie SC 02:26.49 | Zach Courtney Unattached 02:19.42 | Jack Brownlee Fins CSC 02:39.08 | Mark Szaranek Carnegie SC 02:04.18 | Jack Brownlee Fins CSC 02:21.53 |
| Male 15yrs + 50m | Jak Scott Dunedin Swim Team 00:25.84 | Callum Shaw Carnegie SC 00:28.29 | Iain Scanlon Dunedin Swim Team 00:30.15 | Daniel Scott Glenrothes ASC 00:23.45 | |
| Male 15yrs + 100m | Jak Scott Dunedin Swim Team 00:58.03 | Callum Shaw Carnegie SC 01:00.03 | Iain Scanlon Dunedin Swim Team 01:05.32 | Jak Scott Dunedin Swim Team 00:50.99 | Jak Scott Dunedin Swim Team 01:01.14 |
| Male 15yrs + 200m | Jak Scott Dunedin Swim Team 02:12.20 | Alistair Brown Dunedin Swim Team 02:07.06 | Dan Wallace Duns 02:26.11 | Jak Scott Dunedin Swim Team 01:51.88 | Jak Scott Dunedin Swim Team 02:11.36 |