



EAST LOTHIAN NOVICE GRADED MEET

Sunday 11<sup>th</sup> May

MERCAT GAIT POOL, PRESTONPANS

Licence no. ED/LA3/171/1107

## East Lothian Graded Meet

Sunday 11<sup>th</sup> May at Prestonpans

### Meet Information

Session 1: Warm up 9.00am to 9.40am. Start 9.45am.  
8 & under, 9 years, boys and girls.

Session 2: Warm up 1.15 to 1.55pm. Start 2.00pm.  
10 years, 11 & over, boys and girls.

**Age as at 11/05/08.**

Lunch will be provided for all officials. Coaches lunch tickets may be booked - £6.00 each.  
The meet will be held under S.A.S.A. rules.

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### Events

8 & under, 9 years: 25m butterfly, 50m backstroke/breaststroke/freestyle.  
10 years, 11 & over: 50m butterfly/backstroke/breaststroke/freestyle.

### Awards

There will be medals for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> in each age group. Certificates will be awarded to swimmers who swim too fast.

### Entries

All entries should be submitted by computer files, which can be obtained by applying by e-mail to: [a.l.mcleod@bigfoot.com](mailto:a.l.mcleod@bigfoot.com)

Entries must be **slower than** the consideration times (see below). Faster times will be rejected.

Entry fees: £3.50 for each swim.

Cheques to be made payable to East Lothian Swim Team.

**Closing date for entries is 21<sup>st</sup> April.**

**Cheques to be returned to:** Allan McLeod Tel. 01875 811536  
38 Cedar Drive  
Port Seton  
EH32 0SW

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**Consideration Times**

Entries must be **slower than** consideration times.

Age Group	Event	Consideration Time
8 & under	25m butterfly	23.00
8 & under	50m backstroke	49.00
8 & under	50m breaststroke	55.00
8 & under	50m freestyle	43.00
9 years	25m butterfly	23.00
9 years	50m backstroke	49.00
9 years	50m breaststroke	55.00
9 years	50m freestyle	43.00
10 years	50m butterfly	48.00
10 years	50m backstroke	46.00
10 years	50m breaststroke	52.00
10 years	50m freestyle	41.00
11 & over	50m butterfly	45.00
11 & over	50m backstroke	43.00
11 & over	50m breaststroke	49.00
11 & over	50m freestyle	38.00

**Programme of events**

**Session 1 Warm up 9.00am. Start 9.45am.**

101. Girls 8/under, 9 years 25m butterfly
102. Boys 8/under, 9 years 25m butterfly
103. Girls 8/under, 9 years 50m backstroke
104. Boys 8/under, 9 years 50m backstroke
105. Girls 8/under, 9 years 50m breaststroke
106. Boys 8/under, 9 years 50m breaststroke
107. Girls 8/under, 9 years 50m freestyle
108. Boys 8/under, 9 years 50m freestyle

**Session 2 Warm up 1.00pm. Start 1.45pm.**

201. Girls 10 years, 11 & over 50m butterfly
202. Boys 10 years, 11 & over 50m butterfly
203. Girls 10 years, 11 & over 50m backstroke
204. Boys 10 years, 11 & over 50m backstroke
205. Girls 10 years, 11 & over 50m breaststroke
206. Boys 10 years, 11 & over 50m breaststroke
207. Girls 10 years, 11 & over 50m freestyle
208. Boys 10 years, 11 & over 50m freestyle

## Entry Summary Sheet

**Club:**

**Competition Secretary**

Name:

Address:

Post Code:

Telephone:

E-mail

Total Male entries @ £3.50 ..... £.....

Total Female entries @ £3.50 ..... £.....

Total Coaches lunches @ £6.00 ..... £.....

Total cheque enclosed payable to East Lothian Swim Team £.....

This form must be completed and returned with the cheque to: Allan McLeod  
38 Cedar Drive  
Port Seton  
EH32 0SN

Telephone: 01875 811536  
e-mail: [a.l.mcleod@bigfoot.com](mailto:a.l.mcleod@bigfoot.com)