

FALKIRK OTTER ASC
36TH ANNUAL
AGE GROUP SWIM MEET
2010



LARKHALL SWIMMING POOL
LARKHALL

Saturday 24th April 2010

SESSION 1: Warm-up 9.00hrs Start 10.00hrs
SESSION 2: Warm-up 13.30hrs Start 14.30hrs

Licence Number: WD/L3/686/0410

FALKIRK OTTER ASC
Invite you to our
36TH ANNUAL AGE GROUP SWIM MEET
SATURDAY 24th APRIL 2010

Falkirk Otter ASC invites you to their 36th Annual Mini Age Group Swim Meet to be held at Larkhall Swimming Pool, Larkhall, Under SASA Licence no WD/L3/686/0410

MEET INFORMATION

VENUE	Larkhall Swimming Pool, Larkhall
POOL	25m x 6 lanes, anti-wave lane ropes
EVENTS	50m all strokes 4x25m mixed freestyle relays – 2 boys & 2 girls (any order) all age groups. Only 'A' relay teams will be allowed and swimmers must swim in their age group. All events are heat declared winners. It may be necessary to limit the number of heats in certain events.
AGE GROUPS	7-8 years, 9 years, 10 years & 11 years – age on day of meet
SESSIONS	There will be 2 sessions as follows: Morning – warm up 9.00am session starts 10.00am Afternoon – warm up 1.30pm session starts 2.30pm
ENTRY FEES	£4 per individual event £7 per relay event Cheques should be made payable to Falkirk Otter ASC.
ENTRIES	Swimmers details and current times (all should be 25m Conversions) should be detailed on the relevant entry file. Hytek Team Manager Event File can be requested via e-mail from – <p style="text-align: right;">Garvie Murray 64B Easton Drive, Shieldhill, Falkirk FK1 2TA Tel– 01324 717582 (07736057759) Email: garvie@bluevonder.co.uk</p>
	Closing date for entries is midnight on Friday 19th March 2010 NO LATE ENTRIES WILL BE ACCEPTED. Rejected entries will be refunded in full.
OFFICIALS	Can each club supply at least 1 swimming technical official for each Session. Please advise names on gala entry form.
AWARDS	Medals will be presented to 1 st , 2 nd and 3 rd places, pennants for 4 th , 5 th & 6 th places, with exception of relays where presentations will be for 1 st , 2 nd and 3 rd places. There will be awards for the top boy and girl in each age Group. The ' Otter Trophy ' for the TOP CLUB will be presented to the club with the most points at the end of the day. Trophy to be returned after 1 year. Small trophy to be retained.

GENERAL INFORMATION

1. Meet to be held under SASA rules. Enclosed is a health and safety form to be completed (mandatory).
2. All Swimmers of Scottish Clubs must have a S.A.S.A. registration number.
3. No cards are required for this meet. Start sheets will be available to clubs prior to the start of each session.
4. Electronic Timing will be in operation. In the event of electronic failure, back-up manual timing will be used.
5. Withdrawals must be notified to the recorders no later than 40 minutes prior to the start of each session.
6. Once start sheets have been prepared no alterations shall be made.
7. It is the swimmers responsibility to check with the marshalls in the allocated area. Swimmers should report to the marshalls Four heats in advance of their race.
8. Swimmers, coaches and team managers must ensure that all their swimmers can safely dive into the deep water as prescribed by current legislation. There will be no diving from the shallow end of the pool. During relays, starts from the shallow ends shall be from within the water.
9. There will be a maximum of 2 no reserve swimmers for each event and no time only swims on the day. Would clubs also note that under no circumstances should any swimmer other than the one named on the start sheet go to the marshalling area.
10. No photographic or video equipment will be allowed in any area under the jurisdiction of the meet organizers without prior approval of the meet director. Application must be made on the approved SASA form.
11. Swimmers must act on the instructions given by the meet officials and behave in a reasonable manner at all times.
12. It is the responsibility of each club to ensure that their swimmers are aware of meet rules.
13. The Meet Management reserves the right to alter the programme and warm-up times if necessary. Anything not covered above or printed in the event programme will be at the promoter's discretion.
14. The promoter's reserve the right to restrict entries in order to facilitate the smooth running of the meet. Entries will be accepted on time basis. Clubs should ensure entry times are accurate. Rejected entries will be refunded in full.

MISCELLANEOUS

- There will be a Raffle, Tombola and Snack shop.
- Swimmers and Coaches must not take glassware into the showers or onto poolside otherwise they will be liable for expulsion from the meet.
- Falkirk Otter ASC nor Larkhall Swimming pool can be held responsible for loss or damage to swimmer's, team staff or spectator's property. Swimmers are strongly advsed to secure property in the lockers provided in changing rooms and not to leave belongings lying around unattended.
- Swimmers out with the pool side must wear dry clothing and footwear at all times.
- Outdoor footwear must not be worn at poolside.

FALKIRK OTTER ASC

ANNUAL MINI GALA – 24th APRIL 2010

HEALTH AND SAFETY ANNOUNCEMENT

Controlling the Use of Photographic Equipment

Due to a warning received on paedophile activity the Scottish Amateur Swimming Association has decided that control of photographic equipment is required at all meets.

In view of this, the meet will run under the following guidelines:

- No photographic equipment (eg, Camera, Camcorder etc) is to be allowed on poolside, spectator gallery or any other area under the jurisdiction of the meet organisers without prior approval of the meet director.
- Application to use photographic equipment must be made on the approved SASA form.
- Application can be made on the day to the meet director or to the meet directors appointed official. Applicant must provide proof of identity when applying and carry such proof when intending to use their photographic equipment.

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ANNUAL MINI GALA – SATURDAY 24th APRIL 2010

In order to comply with accreditation and health and safety requirements, this form must be completed and returned along with entry information.

I confirm that all the entered swimmers have paid their current SASA Annual Competitive Fee.

I understand that any swimmer entered without an SASA number will be automatically rejected.

I confirm that all entered swimmers have been trained and are competent to dive into deep or shallow water in a safe manner as prescribed by current/planned legislation.

I confirm that information regarding the use of photographic equipment has been passed on to swimmers and parents intending to travel to the meet.

Signed:

Position in Club:

On behalf of:(Name of Club)

Return this form with entry payment no later than midnight Friday 19th March 2010

Events

SESSION 1

WARM UP

09:00 AM

START 10.00AM

EVENT 1	BOYS	7-8 YRS 50M BUTTERFLY
2	GIRLS	7-8 YRS 50M BUTTERFLY
3	BOYS	9 YRS 50M BUTTERFLY
4	GIRLS	9YRS 50M BUTTERFLY
5	BOYS	7-8YRS 50M BACKSTROKE
6	GIRLS	7-8YRS 50M BACKSTROKE
7	BOYS	9 YRS 50M BACKSTROKE
8	GIRLS	9YRS 50M BACKSTROKE
9	MIXED	7-8YRS 4 X 25M FREESTYLE RELAY
10	MIXED	9YRS 4 X 25M FREESTYLE RELAY
11	BOYS	7-8YRS 50M BREASTROKE
12	GIRLS	7-8YRS 50M BREASTROKE
13	BOYS	9YRS 50M BREASTROKE
14	GIRLS	9YRS 50M BREASTROKE
15	BOYS	7-8YRS 50M FREESTYLE
16	GIRLS	7-8YRS 50M FREESTYLE
17	BOYS	9YRS 50M FREESTYLE
18	GIRLS	9YRS 50M FREESTYLE

SESSION 2

WARM UP

1.30PM

START 2.30PM

EVENT 19	BOYS	10 YRS 50M BUTTERFLY
20	GIRLS	10 YRS 50M BUTTERFLY
21	BOYS	11YRS 50M BUTTERFLY
22	GIRLS	11YRS 50M BUTTERFLY
23	BOYS	10YRS 50M BACKSTROKE
24	GIRLS	10YRS 50M BACKSTROKE
25	BOYS	11YRS 50M BACKSTROKE
26	GIRLS	11YRS 50M BACKSTROKE
27	MIXED	10YRS 4X25M FREESTYLE RELAY
28	MIXED	11YRS 4X25M FREESTYLE RELAY
29	BOYS	10YRS 50M BREASTROKE
30	GIRLS	10YRS 50M BREASTROKE
31	BOYS	11YRS 50M BREASTROKE
32	GIRLS	11YRS 50M BREASTROKE
33	BOYS	10YRS 50M FREESTYLE
34	GIRLS	10YRS 50M FREESTYLE
35	BOYS	11YRS 50M FREESTYLE
36	GIRLS	11YRS 50M FREESTYLE

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Summary Entry Form

this form must be completed and returned with any entries

Club Name.....	Contact Name:
Club Code.....	Address:
	
	
	Telephone:
	E Mail:

Total Male Entries @£4.00 each		£.....
Total Female Entries @ £4.00 each		£.....
Total Relay Entries @ £7.00 each		£.....
	Total	£.....

Total amount enclosed	£.....	Signed
		Position in Club

Please make cheques payable to : **Falkirk Otter ASC**

Officials names

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Return this form along with entries no later than **Midnight Friday 19th March 2010**

Garvie Murray

**64B Easton Drive
Sheildhill
Falkirk
FK1 2TA
01324 717582 (07736057759)**