

HADDINGTON & DISTRICT A.S.C.

HADDINGTON 100S MEET 2008

SATURDAY 20th SEPTEMBER 2008

MERCAT GAIT POOL
PRESTONPANS

SASA Licence No. ED/LA2/174/1107

Haddington & District ASC
Haddington 100s Meet, Saturday 20th September 2008

Mercat Gait Pool
Prestonpans

Event Information

Meet Information:

Date: Saturday 20th September 2008

Venue: Mercat Gait Pool, Prestonpans, East Lothian

Pool: 6 lane, 25m pool, electronic timing, anti-wave lane ropes, spectator facilities

Events: 100m Backstroke, Breaststroke, Butterfly & Freestyle
400m Freestyle and Individual Medley

Age Groups: 100m events: 10 & under, 11 years, 12 years, 13 years, 14 & over – **Age as at 20th September 2008**. Events will be swum as mixed age groups, with results sorted by age group.
400m events will be swum as Open events.
Entries will not be accepted for any swimmer under the age of 8 on 21st September 2008

Sessions: There will be two sessions as follows:
Morning Warm up 09.00 Start 09.45
Afternoon Warm up 13.30 Start 14.15

Entry fees: £4.00 per event. Cheques should be made payable to Haddington & District ASC.
Cheques must be received within 7 days of receipt of entry files.

Entries: Entries should be made on Hy-Tek entry files which can be obtained by e-mailing the entry secretary quoting your club name. Entries should be returned to the entry secretary by the closing date, Friday 29th August 2008. Time cards will not be required.

Entry requests, entries and cheques should be returned to:

Senga Restorick
82 Inchview
Prestonpans
East Lothian
EH32 9BH
Phone: 07736943777
E-mail: senga@senga9.orangehome.co.uk

Closing date: Friday 29th August 2008

Awards: Medals will be presented to the top three in each event.

Officials: We will be pleased to welcome any Technical Officials travelling with their clubs. Those intending to attend should notify John Sluman on 0131 665 3560

Lunch: Lunch will be provided for all officials. Coaches lunch tickets may be booked - £6.00 each. Please note that the Mercat Gait Pool has no café facilities for swimmers or spectators.

Accreditation: SASA Level 2 licence and accreditation will be applied for.

Meet Rules: The meet shall be held under FINA and SASA Rules.

Events:

Session 1

| | | | |
|-----|-------|------|--------------|
| 101 | Girls | 100m | Backstroke |
| 102 | Boys | 100m | Backstroke |
| 103 | Girls | 400m | Freestyle |
| 104 | Boys | 100m | Breaststroke |
| 105 | Girls | 100m | Breaststroke |
| 106 | Boys | 400m | Freestyle |

Session 2

| | | | |
|-----|-------|------|-------------|
| 201 | Girls | 100m | Butterfly |
| 202 | Boys | 100m | Butterfly |
| 203 | Girls | 400m | Ind. Medley |
| 204 | Boys | 100m | Freestyle |
| 205 | Girls | 100m | Freestyle |
| 206 | Boys | 400m | Ind. Medley |

Haddington 100s Meet
Saturday 20th September 2008
Mercat Gait Pool
Prestonpans
Entry Summary Sheet

Club:

Competition Secretary

Name:

Address:

Post Code:

Telephone:

E-mail

Swimmers

| | Number |
|-------------------|---|
| Girls 11 & under | <input style="width: 100%;" type="text"/> |
| Boys 11 & under | <input style="width: 100%;" type="text"/> |
| Girls 12 years | <input style="width: 100%;" type="text"/> |
| Boys 12 years | <input style="width: 100%;" type="text"/> |
| Girls 13 years | <input style="width: 100%;" type="text"/> |
| Boys 13 years | <input style="width: 100%;" type="text"/> |
| Girls 14 & over | <input style="width: 100%;" type="text"/> |
| Boys 14 & over | <input style="width: 100%;" type="text"/> |
| Girls Open events | <input style="width: 100%;" type="text"/> |
| Boys Open events | <input style="width: 100%;" type="text"/> |

Total

Entry Fees Enclosed
@ £4 per swim £

Number of Coaches Lunch
Tickets required @ £6.00

Cost of Lunch tickets £

Total Money Enclosed £

Haddington & District Amateur Swimming Club

Haddington 100s Meet 2007

Mercat Gait Pool – Saturday 20th September 2008

In order to comply with accreditation and health & safety requirements, this form must be completed and returned along with your entries.

I confirm that all the swimmers entered into the above meet have paid their current SASA Membership Fee (Scottish Clubs) or are affiliated members of their governing body (non-Scottish Clubs).

I understand that any swimmer entered without an SASA Membership number (Scottish Clubs) or not affiliated to their governing body (non-Scottish Clubs) will be automatically rejected.

I confirm that all entered swimmers have been trained and are competent to dive into deep or shallow water in a safe manner as prescribed by current/planned legislation.

I confirm that the information regarding the use of photographic equipment has been passed on to swimmers and parents intending to travel to the meet.

Signed: **Name:**

Position in Club:

On behalf of :(Name of club)

Return this form along with your entries.

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