

HADDINGTON & DISTRICT A.S.C.

HADDINGTON 100S MEET 2009

Sunday 20th SEPTEMBER 2009

MERCAT GAIT POOL
PRESTONPANS

SASA Licence No. ED/LA2/247/1108

Haddington & District ASC
Haddington 100s Meet, Sunday 20th September 2009

Mercat Gait Pool
Prestonpans

Event Information

Meet Information:

Date: Sunday 20th September 2009

Venue: Mercat Gait Pool, Prestonpans, East Lothian

Pool: 6 lane, 25m pool, electronic timing, anti-wave lane ropes, spectator facilities

Events: 100m Backstroke, Breaststroke, Butterfly & Freestyle
400m Freestyle and Individual Medley

Age Groups: 100m events: 10 & under, 11 years, 12 years, 13 years, 14 & over –

Age as at 20th September 2009. Events will be swum as mixed age groups, with results sorted by age group.

400m events will be swum as Open events.

Entries will not be accepted for any swimmer under the age of 8 on 20th September 2009

Please note that no entries from performance squads silver and above will be accepted for this meet.

Sessions: There will be two sessions as follows:

Morning	Warm up 09.00	Start 09.45
Afternoon	Warm up 13.30	Start 14.15

Entry fees: £4.00 per event. Cheques should be made payable to Haddington & District ASC. Cheques must be received within 7 days of receipt of entry files.

Entries: Entries should be made on Hy-Tek entry files which can be obtained by e-mailing the entry secretary quoting your club name. Entries should be returned to the entry secretary by the closing date, Friday 28th August 2009. Time cards will not be required.

Entry requests, entries and cheques should be returned to:

Senga Restorick
78 Preston Crescent
Prestonpans
EH32 9RB
Phone: 07736943777
E-mail: senga@senga9.orangehome.co.uk

Closing date: Friday 28th August 2009

- Awards: Medals will be presented to the top three in each event.
- Officials: We will be pleased to welcome any Technical Officials travelling with their clubs.
Those intending to attend should notify Gordon Paterson on 01620 825658
- Lunch: Lunch will be provided for all officials. Coaches lunch tickets may be booked - £6.00 each. Please note that the Mercat Gait Pool has no café facilities for swimmers or spectators.

Accreditation: SASA Level 2 licence and accreditation will be applied for.

Meet Rules: The meet shall be held under FINA and SASA Rules.

No photographic or video equipment will be allowed in any area under the jurisdiction of the meet organisers without prior approval of the meet director. Application must be made on the approved S.A.S.A. form.

The organisers reserve the right to restrict entries in order to facilitate the smooth running of the meet. Clubs should ensure entry details are accurate. A draft programme will be issued prior to the event. Rejected entries will be refunded in full.

WARM-UP/EVENTS

The warm-up may only commence when advised to do so.
No diving allowed other than in controlled sprint lanes
The meet stewards will designate sprint lanes
No congregating will be allowed at either end of the pool lanes.
Swimmers must report to the designated marshalling area four heats in advance.

MISCELLANEOUS

The organisers reserve the right to exclude or refuse admission to any competitor, spectator or team official.
Neither Haddington & District ASC nor The Mercat Gait Leisure Centre can be held responsible for loss or damage to any property. Swimmers should use the lockers provided and not leave belongings lying around unattended.
Swimmers must act on the instruction given by meet officials and behave in a reasonable manner at all times.
No glassware may be taken into the showers or poolside. Anyone doing so is liable to expulsion from the meet.
Outdoor footwear must not be worn on the poolside area.
Swimmers MUST wear dry clothing and footwear at all times when not in poolside area.
The use of Mobile Phones is prohibited by Mercat Gait Leisure Centre
It is the responsibility of each club to ensure that their swimmers are aware of the meet rules.
The Haddington & District ASC Committee retains the right to amend any of the above conditions as necessary.
Anything not covered above or in the event programme will be at the organisers' discretion.

Events:

Session 1

101	Girls	100m	Backstroke
102	Boys	100m	Backstroke
103	Girls	400m	Freestyle
104	Boys	100m	Breaststroke
105	Girls	100m	Breaststroke
106	Boys	400m	Freestyle

Session 2

201	Girls	100m	Butterfly
202	Boys	100m	Butterfly
203	Girls	400m	Ind. Medley
204	Boys	100m	Freestyle
205	Girls	100m	Freestyle
206	Boys	400m	Ind. Medley

Haddington 100s Meet
Sunday 20th September 2009
Mercat Gait Pool
Prestonpans
Entry Summary Sheet

Club:

Competition Secretary

Name:

Address:

Post Code:

Telephone:

E-mail

Swimmers

Girls 11 & under	<input type="text"/>
Boys 11 & under	<input type="text"/>
Girls 12 years	<input type="text"/>
Boys 12 years	<input type="text"/>
Girls 13 years	<input type="text"/>
Boys 13 years	<input type="text"/>
Girls 14 & over	<input type="text"/>
Boys 14 & over	<input type="text"/>
Girls Open events	<input type="text"/>
Boys Open events	<input type="text"/>

Total

**Entry Fees Enclosed
@ £4 per swim**

**Number of Coaches Lunch
Tickets required @ £6.00**

Cost of Lunch tickets

Total Money Enclosed

Haddington & District Amateur Swimming Club

Haddington 100s Meet 2009

Mercat Gait Pool – Sunday 20th September 2009

In order to comply with accreditation and health & safety requirements, this form must be completed and returned along with your entries.

I confirm that all the swimmers entered into the above meet have paid their current SASA Membership Fee (Scottish Clubs) or are affiliated members of their governing body (non-Scottish Clubs).

I understand that any swimmer entered without an SASA Membership number (Scottish Clubs) or not affiliated to their governing body (non-Scottish Clubs) will be automatically rejected.

I confirm that all entered swimmers have been trained and are competent to dive into deep or shallow water in a safe manner as prescribed by current/planned legislation.

I confirm that the information regarding the use of photographic equipment has been passed on to swimmers and parents intending to travel to the meet.

Signed: **Name:**

Position in Club:

On behalf of :(Name of club)

Return this form along with your entries.

Senga Restorick
78 Preston Crescent
Prestonpans
EH32 9RB
Phone: 07736943777
E-mail: senga@senga9.orangehome.co.uk

SCOTTISH SWIMMING
HEALTH & SAFETY COMMITTEE
APPLICATION FORM TO USE PHOTOGRAPHIC
EQUIPMENT



DETAILS OF APPLICANT

Name _____

Address _____

Club _____

Name of Meet _____

Venue of Meet _____

Type of
Equipment _____

(e.g. camera, camcorder)

VERIFICATION OF CLUB/ASSOCIATION

Club Name _____

Club Secretary Name _____

Address _____

Club Secretary Officials Signature _____

DECLARATION OF APPLICANT

I declare that the picture/film(s) produced by the equipment stated above will not be altered in any way, without prior approval, in writing of the person(s) photographed.

Signature of Applicant _____

NOTIFICATION TO APPLICANT

The above application has been (APPROVED / REFUSED) *(delete as appropriate)

Signature of Meet official _____

NOTE:- PROOF OF IDENTITY MUST BE PRODUCED ON REQUEST WHEN EQUIPMENT IS TO BE USED.