

LOTHIAN REGION SWIM GROUP



IAIN MACFADYEN MEMORIAL GALA

MINI AGE GROUP MEET
PRESTONPANS SWIMMING POOL

SATURDAY 12th SEPTEMBER 2009

SESSION 1 WARM UP 9.00am START 9.45am
SESSION 2 WARM UP 1pm START 1.45pm

This is an L3 licensed non accredited meet

Age Groups:

8-10 year
11 and 12 years.

Age groups determined as of 12th September 2009

Swimmers who are either medallists or finalists in the East District Age Groups are NOT eligible to swim in this competition.

A list of events is enclosed.
If events are oversubscribed, rejections will be made from the fastest swimmers.

Swimmers can only swim in their own age group.

Entry fees:

£2.25 per swim for 8-10years
£3.25 per swim for 11 & 12 years
£4.00 per relay event entered

(cheques made payable to Lothian Region Swim Committee)

Medals will be presented to 1st 2nd and 3rd places to 4th 5th and 6th.
This will be a heat declared winner event and no finals will be swum.

Licence Number: ED/LA3/215/0308

The competition will be swum under SASA rules.
The Management Committee reserves the right to restrict heats if necessary.

Clubs are asked to provide the names of 2 timekeepers and 1 helper for each session of the meet.

Each club will be given one lunch ticket, should you require more please indicate how many on the bottom of your entry form.

Extra tickets will cost £4.00 each.

All Clubs entering are asked to provide a raffle prize this is to allow us to keep the cost of the entries to a minimum.

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MINI AGE GROUP MEET

PROGRAMME OF EVENTS.

8-10 YEARS	25mtrs Butterfly 50mtrs Breaststroke, Backstroke, Freestyle
11 YEARS	50mtrs Butterfly, Breaststroke, Backstroke, 100mtrs Freestyle 100mtrs Individual Medley
12 YEARS	50mtrs Butterfly 100mtrs Breaststroke, Freestyle, Backstroke 100mtrs Individual Medley
8-10 YEARS	4x25mtrs Medley Relay (Girl-Back Boy-Breast Boy-Fly Girl- Free)
11/12 YEARS	4x50mtrs Medley Relay (Girl-Back Boy-Breast Boy-Fly Girl-Free) Each team must swim at least 1x11 year old Girl and 1x11 year old Boy.
8-10YEARS	4x25mtrs Freestyle Relay (To be swum Girl Boy Girl Boy)
11/12 YEARS	4x50mtrs Freestyle Relay (To be swum (Girl Boy Girl Boy) Each team must swim at least 1x11 year old Girl and 1x11 year old Boy.

SWIMMERS CAN ONLY SWIM IN THEIR OWN AGE GROUP

ENTRIES

Entries should be made using Hy-tek.
These files can be obtained from the Meet Entries Secretary.

Closing date 12th August 2009

Meet Entries Secretary

Susan Liddle
9 Rullion Road
Penicuik
EH26 9HS

01968 673471

e-mail: susan@dwliddle.co.uk

Licence Number: ED/LA3/215/0308

Morning Session

Event	Gender	Age Group	Stroke/ Distance
101	F	11 years	100m Individual Medley
102	M	11 years	100m Individual Medley
103	F	12 years	100m Backstroke
104	M	12 years	100m Backstroke
105	F	8-10 years	25m Butterfly
106	M	8-10 years	25m Butterfly
107	F	11 years	50m Breaststroke
108	M	11 years	50m Breaststroke
109	F	12 years	100m Breaststroke
110	M	12 years	100m Breaststroke
111	F	8-10 years	50m Backstroke
112	M	8-10 years	50m Backstroke
113	F	11 years	50m Butterfly
114	M	11 years	50m Butterfly
115	Mixed	8-10 years	100m Medley Relay
116	Mixed	11-12 years	200m Medley Relay

Afternoon Session

Event	Gender	Age Group	Stroke/ Distance
201	F	12 years	100m Individual Medley
202	M	12 years	100m Individual Medley
203	F	8-10 years	50m Breaststroke
204	M	8-10 years	50m Breaststroke
205	F	11 years	50m Backstroke
206	M	11 years	50m Backstroke
207	F	12 years	50m Butterfly
208	M	12 years	50m Butterfly
209	F	8-10 years	50m Freestyle
210	M	8-10 years	50m Freestyle
211	F	11 years	100m Freestyle
212	M	11 years	100m Freestyle
213	F	12 years	100m Freestyle
214	M	12 years	100m Freestyle
215	Mixed	8-10 years	100m Freestyle Relay
216	M	11-12 years	200m Freestyle Relay

Entry Form Summary Sheet



*** Please complete this form and return with your entries. ***

Club Name:

Contact Name:

Club Code:

Address:.....

.....

.....

.....

e-mail-address:

Telephone:

..... 8-10years (Male and Female) Entries @ £2.25 each: £.....

..... 11-12years (Male and Female) Entries @ £3.25 each: £.....

..... All Relay Entries @ £4.00 each: £.....

..... Additional Lunch Tickets required @ £4.00 each: £.....

Signed

Position in club:

Please make cheques payable to: **Lothian Region Swim Committee**

Return this form along with entries by email no later than **12th August 2009**

Susan Liddle
9 Rullion Road
PENICUIK
EH26 9HS
01968 673471
e-mail: susan@dwliddle.co.uk

Licence Number: ED/LA3/215/0308

GENERAL INFORMATION

Many thanks for entering The Iain MacFadyen Memorial Gala.

Please find below some general information with regards to the running of the Gala.

- No swimming bags will be allowed onto poolside due to the limited space available.
- There will be ample lockers available.
- No food must be consumed at poolside; there is a designated area just outside the pool area.
- Marshalling will be 4 heats in advance.
- Only swimmers and coaches will be allowed poolside.
- Swimmers out with the poolside area **MUST** wear dry clothing and footwear at all times.
- Outdoor footwear must not be worn on the poolside area.
- Swimmers must act on the instruction given by meet officials and behave in a reasonable manner at all times.
- It is the responsibility of each club to ensure that their swimmers are aware of the meet rules and guidelines.
- The use of Mobile Phones is prohibited by Mercat Gait Leisure Centre
- **No photographic or video equipment will be allowed in any area without prior approval from the meet organizers. Application forms can be obtained from the meet organizer.**

• **Warm-up/Events**

- The warm-up may only commence when advised to do so.
- No diving allowed other than in controlled sprint lanes
- The meet stewards will designate sprint lanes
- No congregating will be allowed at either end of the pool lanes.
- The one start rule will be used.

Poolside and Poolside Access

- Swimmers and Coaches only will be allowed poolside.
- Swimmers and Coaches must not take glassware into the showers or onto poolside and are liable for expulsion from the meet if found to do so.

Miscellaneous

- Neither The Lothian Swimming Committee nor Prestonpans Swimming Pool can be held responsible for loss or damage to swimmers, team staff or spectator's property.
- The Lothian Swimming Committee retains the right to amend any of the above conditions as necessary.