

# Grangemouth Amateur Swimming Club

Presents

The 28th Annual MAGS Meet

On The 13<sup>TH</sup> SEPTEMBER 2009

At Grangemouth Sports Complex

Abbots Road Grangemouth

FK3 9JD

## Events:

Individual: – 100 Metres in each of the four strokes  
Squadron Relay: – 6 x 50 Metres freestyle (1 boy + 1 girl from each age group)  
All relay teams will comprise of swimmers who have swam in the meet

## Age Groups:

Three age Groups: - 11 years & under  
12 years old  
13 years old

(Age on the DAY, Heats & Finals, A ONE start rule and age group rules  
will apply in line with SASA accreditation procedures)

## 2 Sessions:

Morning Session: - 09.00am Warm up, 10.00am Start  
Afternoon Session: - 13.30 pm Warm up, 14.30pm Start

## Entries:

Entries to be accepted on a FASTER THAN basis and should be submitted to:

## Gala Convener:

Mrs Anne Davidson  
2 Turret Drive, Polmont, FK2 0QW  
Tel: 01324 712789

The meet will be run using the HY-Tek system  
Hy-Tek system disk can be obtained by E-Mail  
Contact Hugh at [Grangemouth-asc@blueyonder.co.uk](mailto:Grangemouth-asc@blueyonder.co.uk)

AGE	FLY	BACK	BREAST	FREE
11 yrs /u	01.47.00	01.45.00	01.57.00	01.32.00
12 years	01.41.00	01.36.00	01.46.00	01.26.00
13 years	01.38.00	01.31.00	01.41.00	01.21.00

**QUALIFYING TIME MUST BE FASTER THAN ABOVE**

The organisers reserve the right to limit the number of heats in any event.

No "Time only" swims will be considered

All entries should be in before Midnight 16th August 2009

## Entries Fees:

Entry fees are £4.50 per individual event & £5.00 per relay team.  
Cheques should be made payable to Grangemouth A.S.C.

**Trophies:**

Medals will be awarded to the 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> in each Final.  
Medals or pennants will be awarded to 4<sup>th</sup>, 5<sup>th</sup> & 6<sup>th</sup> in each Final  
Relay team medals will be awarded to 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> only.  
A TOP CLUB Trophy is awarded to the club scoring most points in the finals.  
Trophies will be awarded for best BOY & GIRL in each age group.  
(Trophies are worked on a Points System and Points are awarded for the Finals Only)

**Meals:**

Cost £5.00 per Coach. Must be paid for with the Gala Entry fee.

<b>SQUADRON RELAY</b>	<b>RELAY YES / NO</b>
<b>1x boy and girl from each age</b>	

**LIMITED TO "A" RELAY TEAMS ONLY**

**WE REQUEST 2 OFFICALS PER CLUB FOR EACH SESSION PLEASE**

**SIGNATURE OF CLUB OFFICAL :** \_\_\_\_\_

**NAME:** \_\_\_\_\_ **No. Entries Boys @ £4.50** \_\_\_\_\_ **£** \_\_\_\_\_

**Address:** \_\_\_\_\_ **No. Entries Girls @ £4.50** \_\_\_\_\_ **£** \_\_\_\_\_

\_\_\_\_\_ **Squadron Relay Entry @ 5.00** \_\_\_\_\_ **£** \_\_\_\_\_

\_\_\_\_\_ **Meal Tickets @ £5.00** \_\_\_\_\_ **£** \_\_\_\_\_

\_\_\_\_\_ **Total Amount enclosed** \_\_\_\_\_ **£** \_\_\_\_\_

**Tel. No** \_\_\_\_\_

**E-mail** \_\_\_\_\_