

Saturday 17 February 2007

Session One, warm-up 9am for 10am start

- 101 – Girls 1500 Freestyle
- 102 – Boys 800 Freestyle
- 103 – Girls 200 Butterfly
- 104 - Boys 200 Breast
- 105 – Girls 200 IM

Session Two, warm-up 1.30 for 2.30 start

- 201 – Girls 400 IM
- 202 – Boys 400 Freestyle
- 203 – Girls 200 Breaststroke
- 204 – Boys 200 IM

Sunday 18 February 2007

Session Three, warm-up 9am for 10am start

- 301 - Boys 1500 Freestyle
- 302 – Girls 800 Freestyle
- 303 – Boys 200 Butterfly
- 304 – Girls 200 Backstroke
- 305 – Boys 200 Freestyle

Session 4, warm-up 1.30 for 2.30 start

- 401 – Girls 400 Freestyle
- 402 – Boys 400 IM
- 403 – Girls 200 Freestyle
- 404 – Boys 200 Backstroke