

North Ayrshire 200 Meet – under S A S A Rules
Licence Number: WD/L2/698/0210

Date	Saturday/Sunday – 13/14 February 2010
Venue	Auchenharvie Leisure Centre
Pool	6 lane 25m pool, anti-wave lane ropes, full electronic timing with display scoreboard, limited spectator seating.
Age	on last day of Meet
Age Groups	10 years and under, 11 years, 12 years 13years, 14 years, 15/16 years and 17 over
Events	200 Fly 200 Back, 200 Breast, 200 Free and 200 IM. 800 and 1500 Freestyle, 400 Freestyle and 400 I.M. Swimmers can enter all events in their age group and open events Number of heats will be limited to ensure the smooth running of the competition. Heats will be swum slowest to fastest. Entries will be accepted on time basis.
Awards	Medals to be awarded to 1 st , 2 nd and 3 rd places,
Entry forms	Submit times by Hy-Tek, available on request from: ann_girvan@btinternet.com
Accreditation:	To ensure accreditation every club entering 5 or more swimmers to supply one judge for each session a swimmer is participating.
Closing Date	19 January 2009
Entry fee	£5.00 per event
Cheques	made payable to North Ayrshire A S C
Coaches pass	£5.00 per day (includes meal, refreshments and result sheets)
Spare lanes	North Ayrshire A S C reserves the right of spare lanes if available.
Trophies:	Best Age Group Champions - over all 200m events. (five) Points 6,5,4,3,2,1. Overall best performance based on broken or nearest to the meet record.

Saturday 13 February 2010

All events declared winner

Session One, warm-up 9am for 10am start

- 101 – Girls 1500 Freestyle
- 102 – Boys 800 Freestyle
- 103 – Girls 200 Butterfly
- 104 - Boys 200 Breast
- 105 – Girls 200 IM

Session Two, warm-up 1.30 for 2.30 start

- 201 – Girls 400 IM
- 202 – Boys 400 Freestyle
- 203 – Girls 200 Breaststroke
- 204 – Boys 200 IM

Sunday 14 February 2010

Session Three, warm-up 9am for 10am start

- 301 - Boys 1500 Freestyle
- 302 – Girls 800 Freestyle
- 303 – Boys 200 Butterfly
- 304 – Girls 200 Backstroke
- 305 – Boys 200 Freestyle

Session 4, warm-up 1.30 for 2.30 start

- 401 – Boys 400IM
- 402 – Girls 200 Freestyle
- 403 – Boys 200 Backstroke
- 404 – Girls 400 Freestyle