



PETERHEAD AMATEUR SWIMMING CLUB

GRADED AGE GROUP MEET LICENCE NO: ND/LA2/716/FEB10

Date: Saturday 13th February 2010

Venue: Peterhead Swimming Pool - 6 lanes, anti-turbulence ropes and electronic timing

Sessions:

Session One	Warm Up:	08.30	Start:	09.35
Session Two	Warm Up:	13.35	Start:	14.40

Accreditation: Application for Accreditation is being made to the North District under SASA rules; therefore all competitors must be members of SASA.

Events: See attached schedule for events and consideration times

Over the top starts will be used where necessary. All events are declared winners. It may be necessary to restrict heats to keep the Meet within the time limits set per District regulations and the organising club may have a slower heat for their own swimmers.

Age Groups: 10/11 Years, 12/13 Years, 14/Over and Open - Age as at 13th February 2010

Entries: £4.00 per individual event.

Closing Date for entries is 22nd January 2010. No late entries will be accepted. Please return entries together with cheque and officials form duly completed to the address below. Withdrawals prior to the competition should be posted or e-mailed to the address below no later than 5pm on Friday 12th February 2010 - please email any known withdrawals asap so that reserves can be informed.

To request the Hytek entry file please contact -

Linda Herbert
21 Kinmundy Gardens
Peterhead
AB42 2HW
Tele No: 01779 476965
E-Mail lindaherbert4@tiscali.co.uk

Medals: Medals will be presented to 1st, 2nd and 3rd places in each event. A certificate will be awarded to swimmers who exceed 5% of the cut off time.

PROGRAMME OF EVENTS - 13TH FEBRUARY 2010

SESSION ONE WARM UP 0830 HRS START 0935 HRS

Event	101 GIRLS	OPEN	200M BUTTERFLY
	102 BOYS	OPEN	200M BUTTERFLY
	103 GIRLS	10/11 YEARS	100M BREAST
	104 BOYS	10/11 YEARS	100M BREAST
	105 GIRLS	12/13 YEARS	100M BREAST
	106 BOYS	12/13 YEARS	100M BREAST
	107 GIRLS	14/OVER	100M BREAST
	108 BOYS	14/OVER	100M BREAST
	109 GIRLS	10/11 YEARS	100M FREE
	110 BOYS	10/11 YEARS	100M FREE
	111 GIRLS	12/13 YEARS	100M FREE
	112 BOYS	12/13 YEARS	100M FREE
	113 GIRLS	14/OVER	100M FREE
	114 BOYS	14/OVER	100M FREE
	115 GIRLS	OPEN	200M BACK
	116 BOYS	OPEN	200M BACK

SESSION TWO WARM UP 1335 HRS START 1440 HRS

Event	201 GIRLS	OPEN	200M BREAST
	202 BOYS	OPEN	200M BREAST
	203 GIRLS	10/11 YEARS	100M BUTTERFLY
	204 BOYS	10/11 YEARS	100M BUTTERFLY
	205 GIRLS	12/13 YEARS	100M BUTTERFLY
	206 BOYS	12/13 YEARS	100M BUTTERFLY
	207 GIRLS	14/OVER	100M BUTTERFLY
	208 BOYS	14/OVER	100M BUTTERFLY
	209 GIRLS	10/11 YEARS	100M BACK
	210 BOYS	10/11 YEARS	100M BACK
	211 GIRLS	12/13 YEARS	100M BACK
	212 BOYS	12/13 YEARS	100M BACK
	213 GIRLS	14/OVER	100M BACK
	214 BOYS	14/OVER	100M BACK
	215 GIRLS	OPEN	200M FREE
	216 BOYS	OPEN	200M FREE

**ALL EVENTS DECLARED WINNERS
(Warm Up Times may be subject to change)**

CONSIDERATION TIMES:

GIRLS	100 Butterfly	100 Back	100 Breast	100 Free
10/11 Years	1.33.00 - 2.05.00	1.32.00 - 1.58.00	1.44.00 - 2.07.00	1.22.00 - 1.47.00
12/13 Years	1.29.00 - 1.45.00	1.24.00 - 1.37.00	1.34.00 - 1.50.00	1.14.00 - 1.25.00
14/Over	1.20.00 - 1.45.00	1.18.00 - 1.35.00	1.29.00 - 1.45.00	1.08.00 - 1.24.00

BOYS	100 Butterfly	100 Back	100 Breast	100 Free
10/11 Years	1.31.00 - 1.58.00	1.31.00 - 1.55.00	1.44.00 - 2.07.00	1.21.00 - 1.46.00
12/13 Years	1.22.00 - 1.50.00	1.22.00 - 1.40.00	1.34.00 - 1.55.00	1.12.00 - 1.27.00
14/Over	1.16.00 - 1.45.00	1.16.00 - 1.30.00	1.25.00 - 1.45.00	1.05.00 - 1.19.00

FASTER THAN	200 Fly	200 Back	200 Breast	200 Free
GIRLS	3.45.00	2.56.00	3.17.00	2.46.00
BOYS	3.44.00	2.55.00	3.16.00	2.45.00

