

# REN 96 SWIM TEAM

*Present their*

## SHORT COURSE OPEN MEET

*(under SASA Laws)*

### 15<sup>th</sup> & 16<sup>th</sup> NOVEMBER 2008

<b>VENUE:</b>	Johnstone Swimming Pool Ludovic Square Johnstone PA5 8EE 01505 337000
<b>POOL:</b>	6 lane x 25m
<b>ELECTRONIC TIMING:</b>	OMEGA In the event of electronic timing failure, the back up manual timings will be used
<b>MEET LICENCE:</b>	WD/L2/566/1108
<b>ENTRY FEE:</b>	£ 4.50 per event
<b>COACHES PASSES:</b>	£15.00 to include programme, result sheets, and meals for both days.
<b>CLOSING DATE FOR ENTRY:</b>	Wednesday 15 <sup>th</sup> October 2008
<b>REFRESHMENTS:</b>	Food will be available – Baked Potatoes - Hot Roast Rolls – Homemade Soup - Sandwiches – Pasta Dishes.
<b>MEET ENQUIRIES:</b>	Claire Beadie, REN 96 Swim Team Club Office, Johnstone Pool, Ludovic Square, Johnstone PA5 8EE Tel: 01505 337000
<b>EMAIL ENQUIRIES:</b>	Should be addressed to John & Diane Kerr at the following email address: <a href="mailto:diane.kerr2@ntlworld.com">diane.kerr2@ntlworld.com</a>
<b>AGE GROUPS:</b>	10/11 years: 50m Free, 100m all strokes, 200m IM
<i>Age is determined as at 16 /11/2008</i>	12/13 years: 50m Free, 100m all strokes, 200m Free, 400m Free, 200m IM, 400m IM
<u><i>Swimmers may only enter in their own</i></u>	
<u><i>Age group.</i></u>	14/15 years: 50m Free, 100m all strokes, 200m all strokes, 400m Free, 200m IM, 400m IM
	16 & over: 50m Free, 100m all strokes, 200m all strokes, 400m Free, 200m IM, 400m IM
<b>WARM UP + START TIMES:</b>	8.30-9.45am for 10.00am start / 1.30-2.20pm for 2.30pm start
<b>SWIM SHOP:</b>	Will be available during the meet
<b>PRIZES:</b>	16 & over events: 1 <sup>st</sup> £15.00 2 <sup>nd</sup> £10.00 3 <sup>rd</sup> £ 5.00
	Other Age Group events: Medals for first three
	Top club: £100.00

# REN 96 2008 SHORT COURSE OPEN MEET

## Programme of Events & Consideration Times:

### SESSION 1

<u>Saturday 15 November 2008</u>		<u>Warm up 8.30am – 9.45am</u>		<u>Start 10.00am</u>	
Event 101	Male	12//13yrs	400m Freestyle	05.23.00	HDW
		14/15yrs	400m Freestyle	05.13.00	HDW
		16yrs & over	400m Freestyle	05.03.00	HDW
Event 102	Female	12/13yrs	100m Butterfly	01.33.00	
Event 103	Male	10/11yrs	200m I.M.	03.49.00	HDW
Event 104	Female	14/15yrs	200m Backstroke	02.55.00	HDW
		16yrs & Over	200m Backstroke	02.49.00	HDW
Event 105	Male	12/13yrs	100m Freestyle	01.15.00	
Event 106	Male	14/15yrs	100m Breaststroke	01.33.00	
Event 107	Female	14/15yrs	200m I.M.	02.55.00	HDW
		16yrs & over	200m I.M.	02.53.00	HDW
Event 108	Female	10/11yrs	100m Backstroke	02.05.00	
Event 109	Male	16yrs & over	100m Butterfly	01.22.00	
Event 110	Female	12/13yrs	100m Backstroke	01.37.00	
Event 111	Male	10/11yrs	50m Freestyle	00.36.00	
		12/13yrs	50m Freestyle	00.35.50	
Event 112	Male	14/15yrs	200m Breaststroke	03.10.00	HDW
		16yrs & over	200m Breaststroke	03.05.00	HDW
Event 113	Female	14/15yrs	100m Freestyle	01.19.00	
Event 114	Female	16yrs & over	100m Backstroke	01.33.00	

#### **Finals of Events:**

102, 105, 106, 108, 109, 110, 111, 113, 114

### SESSION 2

<u>Saturday 15 November 2008</u>		<u>Warm up 1.30 – 2.20pm</u>		<u>Start 2.30pm</u>	
Event 201	Female	12/13yrs	400m Freestyle	05.22.00	HDW
		14/15yrs	400m Freestyle	05.15.00	HDW
		16yrs & over	400m Freestyle	05.05.00	HDW
Event 202	Male	12/13yrs	100m Butterfly	01.33.00	
Event 203	Female	10/11yrs	200m I.M.	03.49.00	HDW
Event 204	Male	14/15yrs	200m Backstroke	02.55.00	HDW
		16yrs & over	200m Backstroke	02.44.00	HDW
Event 205	Female	12/13yrs	100m Freestyle	01.22.00	
Event 206	Female	14/15yrs	100m Breaststroke	01.44.00	
Event 207	Male	10/11yrs	100m Backstroke	01.59.00	
Event 208	Male	14/15yrs	200m I.M.	02.38.00	HDW
		16yrs & over	200m I.M.	02.35.00	HDW
Event 209	Female	16yrs & over	100m Butterfly	01.33.00	
Event 210	Male	12/13yrs	100m Backstroke	01.29.00	
Event 211	Female	10/11yrs	50m Freestyle	00.37.00	
		12/13yrs	50m Freestyle	00.35.50	
Event 212	Female	14/15yrs	200m Breaststroke	03.16.00	HDW
		16yrs & over	200m Breaststroke	03.11.00	HDW
Event 213	Male	14/15yrs	100m Freestyle	01.10.00	
Event 214	Male	16yrs & over	100m Backstroke	01.24.00	

#### **Finals of Events:**

202, 205, 206, 207, 209, 210, 211, 213, 214

### SESSION 3

Sunday 16 November 2008                      Warm up 8.30am – 9.45am                      Start 10.00am

Event 301	Male	12/13yrs	400m I.M.	05.56.00	HDW
		14/15yrs	400m I.M.	05.52.00	HDW
		16yrs & over	400m I.M.	05.44.00	HDW
Event 302	Female	12/13yrs	100m Breaststroke	01.47.00	
Event 303	Male	10/11yrs	100m Freestyle	01.36.00	
Event 304	Female	14/15yrs	200m Butterfly	03.15.00	HDW
		16yrs & over	200m Butterfly	03.10.00	HDW
Event 305	Male	12/13yrs	200m I.M.	03.05.00	HDW
Event 306	Male	16yrs & over	100m Breaststroke	01.30.00	
Event 307	Female	14/15yrs	50m Freestyle	00.35.00	
		16yrs & over	50m Freestyle	00.34.50	
Event 308	Female	10/11yrs	100m Butterfly	02.07.00	
Event 309	Male	14/15yrs	100m Backstroke	01.26.00	
Event 310	Female	12/13yrs	200m Freestyle	02.41.00	HDW
Event 311	Male	10/11yrs	100m Breaststroke	02.16.00	
Event 312	Female	16yrs & over	100m Freestyle	01.14.00	
Event 313	Female	14/15yrs	100m Butterfly	01.33.00	
Event 314	Male	14/15yrs	200m Freestyle	02.30.00	HDW
		16yrs & over	200m Freestyle	02.27.00	HDW

#### **Finals of Events:**

302, 303, 306, 307, 308, 309, 311, 312, 313

### SESSION 4

Sunday 16 November 2008                      Warm up 1.30 – 2.20pm                      Start 2.30pm

Event 401	Female	12/13yrs	400m I.M.	06.20.00	HDW
		14/15yrs	400m I.M.	06.10.00	HDW
		16yrs & over	400m I.M.	06.00.00	HDW
Event 402	Male	12/13yrs	100m Breaststroke	01.47.00	
Event 403	Female	10/11yrs	100m Freestyle	01.29.00	
Event 404	Male	14/15yrs	200m Butterfly	03.05.00	HDW
		16yrs & over	200m Butterfly	02.55.00	HDW
Event 405	Female	12/13yrs	200m I.M.	02.59.00	HDW
Event 406	Female	16yrs & over	100m Breaststroke	01.40.00	
Event 407	Male	14/15yrs	50m Freestyle	00.31.00	
		16yrs & over	50m Freestyle	00.30.50	
Event 408	Male	10/11yrs	100m Butterfly	02.08.00	
Event 409	Female	14/15yrs	100m Backstroke	01.35.00	
Event 410	Male	12/13yrs	200m Freestyle	02.56.00	HDW
Event 411	Female	10/11yrs	100m Breaststroke	01.58.00	
Event 412	Male	16yrs & over	100m Freestyle	01.08.00	
Event 413	Male	14/15yrs	100m Butterfly	01.33.00	
Event 414	Female	14/15yrs	200m Freestyle	02.34.00	HDW
		16yrs & over	200m Freestyle	02.34.00	HDW

#### **Finals of Events:**

402, 403, 406, 407, 408, 409, 411, 412, 413.

# REN 96 SHORT COURSE OPEN MEET

SATURDAY 15<sup>th</sup> & SUNDAY 16<sup>th</sup> NOVEMBER 2008

## JOHNSTONE SWIMMING POOL

1. The meet is to be held under SASA laws, and has been accredited by SASA
2. The pool is 25m long x 6 lanes, with anti-turbulence lane ropes and Omega electronic timing in operation. There is no swim down facility.
3. **THE MEET WILL RUN WITHOUT ENTRY CARDS.**  
**SIGNING-IN PROCEDURE:** All swimmers must check in to the entry marshals in the foyer. Exceptionally, on the production of their pass, coaches will be allowed to sign in their swimmers. **Latest check in times will be 45 minutes prior to the session start time.** Start sheets will then be posted at various locations around the poolside. Swimmers will be called for in whole events, at least one event prior to their swim and marshalled into heats in the designated marshalling areas. Swimmers will then be sent down in heat order to the starting blocks.
4. Finalists wishing to withdraw must notify the announcer immediately following the announcements of swimmers for the final. Failure to do so may result in that swimmer being withdrawn from the remainder of the meet.
5. Warm ups will be split to accommodate the numbers and age range of competitors. Warm ups will be split as per the schedule of events. All 200m and 400m events will be swum in the heats on a heat declared winner basis in the age groups shown in the programme.
6. Awards will be made to the top three swimmers in each event.
7. A Top Club award will be made to the best overall team. This will be based on the following scoring system: 1<sup>st</sup> place in final = 6 points, 2<sup>nd</sup> = 5 points down to 6<sup>th</sup> = 1 point.
8. Over the top starts will be used during the meet at the discretion of the meet management.
9. Coaches Passes will be issued at £15.00 each. These will provide admission to all sessions, a programme, a set of result sheets, and meals on both days. Only pass holders, swimmers and officials will be allowed on the poolside.
10. Entries to events will be restricted and will be accepted on the basis of entry times. Any entry not accepted will be refunded. There will be reserve swims. However, where no swim is available on the day a full refund will be issued. A list of excluded entries will be sent to the contact stated on the meet entry form. It is the responsibility of the person receiving the entries to check the accuracy of the accepted swims and to inform all relevant swimmers of their accepted entries. REN 96 reserve the right to fill lanes with their swimmers where an event is under subscribed.
11. As the Meet will be run using Hy Tek Meet Manager the appropriate files for importing entries to Team Lite or Team Manager 4 will be available from:  
[diane.kerr2@ntlworld.com](mailto:diane.kerr2@ntlworld.com)
12. All swimmers of Scottish clubs must have a current SASA registration number. All swimmers of non-Scottish clubs must be registered with their governing body.

13. The correct fee of £4.50 per event must accompany the completed paperwork and be sent to the Club Office by the closing date of Wednesday 15<sup>th</sup> October 2008. Cheques should be made payable to “REN 96 Swim Team”.
14. Swimmers, Coaches and Team Managers must ensure that all of their swimmers can safely dive into deep or shallow water as prescribed by current/planned legislation. There will be no diving at the shallow end of the pool. There will be a one-way system operating around the pool.
15. No photographic or video equipment will be allowed in any area under the jurisdiction of the Meet Organisers without prior approval of the Meet Manager. Application may be made on the day of Meet at the Meet Office. The application must be made on the approved SASA form, and evidence should be shown that they have a swimmer(s) competing in the Meet.
16. To ensure accreditation for each session we would appreciate support from participating Clubs by nominating Technical Officials qualified to Judge.
17. All mobile phones should be switched off on the poolside.

**REN 96 SWIM TEAM**

**SUMMARY SHEET**

**SHORT COURSE OPEN MEET**

**15<sup>th</sup> & 16<sup>th</sup> NOVEMBER 2008**

**Closing date: Wednesday 15<sup>th</sup> October, to be returned to:** *Claire Beadie  
REN 96 Swim Team  
Club Office  
Johnstone Swimming Pool  
Ludovic Square  
Johnstone  
PA5 8EE*

**CLUB** \_\_\_\_\_

**CONTACT NAME** \_\_\_\_\_

**CONTACT TELEPHONE NUMBER AND ADDRESS** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**EMAIL:** \_\_\_\_\_

**Entries:**

\_\_\_\_\_ **Boys entries @ £ 4.50 =**

\_\_\_\_\_ **Girls entries @ £ 4.50 =**

\_\_\_\_\_ **Coaches Passes @ £15.00 =**

**TOTAL RETURNS =**

**(Cheques payable to REN 96 Swim Team)**

**REN 96 SWIM TEAM**  
**SHORT COURSE OPEN MEET**

**15<sup>th</sup> & 16<sup>th</sup> NOVEMBER 2008**

Please complete this form – to apply with accreditation requirements.

**On behalf of** \_\_\_\_\_ **(Name of Club)**

- I confirm that all entered swimmers have paid the current S.A.S.A. Membership Fee.
- I confirm that the notice of use of photographic equipment has been brought to the attention of the swimmers, parents and coaches who will be attending the meet.
- I confirm that all swimmers have trained and are competent to dive into the pool.

**Signed** \_\_\_\_\_

**Position Held** \_\_\_\_\_

**REN 96 Swim Team**

**Short Course Open Meet 15<sup>th</sup> & 16<sup>th</sup> November 2008**

**Club** .....

**Club Contact** .....

**Tel. No.** ..... **Email**.....

**OFFICIALS SHEET**

<b>Name</b>	<b>Duty</b>	<b>Session 1</b>	<b>Session 2</b>	<b>Session 3</b>	<b>Session 4</b>
	<b>Judge</b>				
	<b>Judge</b>				
	<b>Judge</b>				
	<b>Judge</b>				

*Due to licensing and accreditation conditions, we would ask any Technical Official travelling with Clubs to make themselves available on the day. It would be appreciated if each Club attending could provide one Judge per session, to ensure the meet is accredited*

*Thank you.*