

REN 96 SWIM TEAM
(Affiliated to SASA)
Present their

SHORT COURSE OPEN MEET
(under FINA Rules & SASA Regulations)

14th & 15th NOVEMBER 2009

VENUE:	Johnstone Swimming Pool Ludovic Square Johnstone PA5 8EE 01505 337000
POOL:	6 lane x 25m
ELECTRONIC TIMING:	OMEGA
MEET LICENCE:	WD/L2/ 628/1109
ENTRY FEE:	£ 4.50 per event
COACHES PASSES:	£15.00 to include programme, result sheets, and meals for both days.
CLOSING DATE FOR ENTRY:	Friday 16 th October 2009
REFRESHMENTS:	Snacks, Teas, Coffees will be available at the Cafeteria area, however please note HOT drinks are NOT to be taken to the spectator area.
MEET ENQUIRIES:	John & Diane Kerr Tel: 01505 340239 Email: diane.kerr2@ntlworld.com
AGE GROUPS:	10/11 years: 50m Free, 100m all strokes, 200m IM
<i>Age is determined as at 15 /11/2009</i>	12/13 years: 50m Free, 100m all strokes, 200m Free, 400m Free, 200m IM, 400m IM
<u>Swimmers may only enter in their own Age group.</u>	14/15 years: 50m Free, 100m all strokes, 200m all strokes, 400m Free, 200m IM, 400m IM
	16 & over: 50m Free, 100m all strokes, 200m all strokes, 400m Free, 200m IM, 400m IM
WARM UP + START TIMES:	8.30-9.45am for 10.00am start / 1.30-2.20pm for 2.30pm start
SWIM SHOP:	Will be available during the meet
PRIZES:	16 & over events: 1 st £15.00 2 nd £10.00 3 rd £ 5.00 Other Age Group events: Medals for first three Top club: £100.00

REN 96 SHORT COURSE OPEN MEET

SATURDAY 14th & SUNDAY 15th NOVEMBER 2009

JOHNSTONE SWIMMING POOL

1. The meet is to be held under FINA Rules & SASA Regulations and has the License number WD/L2/628/1109
2. The pool is 25m long x 6 lanes, with anti-turbulence lane ropes and Omega electronic timing in operation. There is no swim down facility.
3. **FOR WITHDRAWALS THE MEET HAS A SIGNING-IN PROCEDURE:**
All swimmers must check in to the entry marshals in the foyer. Exceptionally, on the production of their pass, coaches will be allowed to sign in their swimmers. **Latest check in times will be 45 minutes prior to the session start time.** Swimmers who have not signed in will be considered as WITHDRAWN. Start sheets will then be posted at various locations around the poolside. Swimmers will be called for in whole events, at least one event prior to their swim and marshalled into heats in the designated marshalling areas. Swimmers will then be sent down in heat order to the starting blocks.
4. Finalists wishing to withdraw must notify the announcer immediately following the announcements of swimmers for the final. Failure to do so may result in that swimmer being withdrawn from the remainder of the meet.
5. Warm ups will be split to accommodate the numbers and age range of competitors. Warm ups will be split as per the schedule of events.
6. Awards will be made to the top three swimmers in each event.
7. A Top Club award prize of £100 will be made to the best overall team. This will be based on the following scoring system: 1st place in final = 6 points, 2nd = 5 points down to 6th = 1 point.
8. Over the top starts will be used during the meet at the discretion of the meet management.
9. Coaches Passes will be issued at £15.00 each. These will provide admission to all sessions, a programme, a set of result sheets, and meals on both days. Only pass holders, swimmers and officials will be allowed on the poolside.
10. Entries to events will be restricted and will be accepted on the basis of entry times. Any entry not accepted will be refunded. There will be reserve swims. However, where no swim is available on the day a full refund will be issued. A list of excluded entries will be sent to the contact stated on the meet entry form. It is the responsibility of the person receiving the entries to check the accuracy of the accepted swims and to inform all relevant swimmers of their accepted entries. REN 96 reserves the right to fill lanes with their swimmers where an event is under subscribed.
11. As the Meet will be run using Hy Tek Meet Manager the appropriate files for importing entries to Team Lite or Team Manager 4 will be available from:
diane.kerr2@ntlworld.com
12. All swimmers of Scottish clubs must have a current SASA registration number. All swimmers of non-Scottish clubs must be registered with their governing body.

13. The correct fee of £4.50 per event must accompany the completed paperwork and be sent to the Club Office by the closing date of Friday 16th October 2009. Cheques should be made payable to “REN 96 Swim Team” and sent to the Club Office
REN 96 Swim Team Club Office,
Johnstone Pool, Ludovic Square,
Johnstone PA5 8EE
14. Swimmers, Coaches and Team Managers must ensure that all of their swimmers can safely dive into deep or shallow water as prescribed by current/planned legislation. There will be no diving at the shallow end of the pool. There will be a one-way system operating around the pool.
15. No photographic or video equipment will be allowed in any area under the jurisdiction of the Meet Organisers without prior approval of the Meet Manager. Application may be made on the day of Meet at the Meet Office. The application must be made on the approved SASA form, and evidence should be shown that they have a swimmer(s) competing in the Meet.
16. To ensure accreditation for each session we would appreciate support from participating Clubs by nominating Technical Officials qualified to Judge.
16. All mobile phones should be switched off on the poolside.

REN96 SWIM TEAM SHORT COURSE OPEN MEET 2009

Programme of Events & Consideration Times:

SESSION 1

<u>Saturday 14 November 2009</u>		<u>Warm up 8.30am – 9.45am</u>		<u>Start 10.00am</u>	
Event 101	Male	12//13yrs	400m Freestyle	05.20.00	HDW
		14/15yrs	400m Freestyle	05.10.00	HDW
		16yrs & over	400m Freestyle	05.00.00	HDW
Event 102	Female	12/13yrs	100m Butterfly	01.30.00	
Event 103	Male	10/11yrs	200m I.M.	03.45.00	HDW
Event 104	Female	14/15yrs	200m Backstroke	02.50.00	HDW
		16yrs & Over	200m Backstroke	02.45.00	HDW
Event 105	Male	12/13yrs	100m Freestyle	01.13.00	
Event 106	Male	14/15yrs	100m Breaststroke	01.30.00	
Event 107	Female	14/15yrs	200m I.M.	02.50.00	HDW
		16yrs & over	200m I.M.	02.48.00	HDW
Event 108	Female	10/11yrs	100m Backstroke	02.02.00	
Event 109	Male	16yrs & over	100m Butterfly	01.20.00	
Event 110	Female	12/13yrs	100m Backstroke	01.34.00	
Event 111	Male	10/11yrs	50m Freestyle	00.36.00	
		12/13yrs	50m Freestyle	00.35.50	
Event 112	Male	14/15yrs	200m Breaststroke	03.05.00	HDW
		16yrs & over	200m Breaststroke	03.00.00	HDW
Event 113	Female	14/15yrs	100m Freestyle	01.17.00	
Event 114	Female	16yrs & over	100m Backstroke	01.30.00	

Finals of Events:

102, 105, 106, 108, 109, 110, 111, 113, 114

SESSION 2

<u>Saturday 15 November 2008</u>		<u>Warm up 1.30 – 2.20pm</u>		<u>Start 2.30pm</u>	
Event 201	Female	12/13yrs	400m Freestyle	05.20.00	HDW
		14/15yrs	400m Freestyle	05.10.00	HDW
		16yrs & over	400m Freestyle	05.00.00	HDW
Event 202	Male	12/13yrs	100m Butterfly	01.30.00	
Event 203	Female	10/11yrs	200m I.M.	03.45.00	HDW
Event 204	Male	14/15yrs	200m Backstroke	02.50.00	HDW
		16yrs & over	200m Backstroke	02.40.00	HDW
Event 205	Female	12/13yrs	100m Freestyle	01.20.00	
Event 206	Female	14/15yrs	100m Breaststroke	01.40.00	
Event 207	Male	10/11yrs	100m Backstroke	01.54.00	
Event 208	Male	14/15yrs	200m I.M.	02.35.00	HDW
		16yrs & over	200m I.M.	02.32.00	HDW
Event 209	Female	16yrs & over	100m Butterfly	01.30.00	
Event 210	Male	12/13yrs	100m Backstroke	01.26.00	
Event 211	Female	10/11yrs	50m Freestyle	00.37.00	
		12/13yrs	50m Freestyle	00.35.50	
Event 212	Female	14/15yrs	200m Breaststroke	03.12.00	HDW
		16yrs & over	200m Breaststroke	03.07.00	HDW
Event 213	Male	14/15yrs	100m Freestyle	01.08.00	
Event 214	Male	16yrs & over	100m Backstroke	01.22.00	

Finals of Events:

202, 205, 206, 207, 209, 210, 211, 213, 214

SESSION 3

Sunday 15 November 2009 Warm up 8.30am – 9.45am Start 10.00am

Event 301	Male	12/13yrs	400m I.M.	05.51.00	HDW
		14/15yrs	400m I.M.	05.47.00	HDW
		16yrs & over	400m I.M.	05.40.00	HDW
Event 302	Female	12/13yrs	100m Breaststroke	01.43.00	
Event 303	Male	10/11yrs	100m Freestyle	01.33.00	
Event 304	Female	14/15yrs	200m Butterfly	03.10.00	HDW
		16yrs & over	200m Butterfly	03.00.00	HDW
Event 305	Male	12/13yrs	200m I.M.	03.00.00	HDW
Event 306	Male	16yrs & over	100m Breaststroke	01.28.00	
Event 307	Female	14/15yrs	50m Freestyle	00.35.00	
		16yrs & over	50m Freestyle	00.34.50	
Event 308	Female	10/11yrs	100m Butterfly	02.05.00	
Event 309	Male	14/15yrs	100m Backstroke	01.24.00	
Event 310	Female	12/13yrs	200m Freestyle	02.38.00	HDW
Event 311	Male	10/11yrs	100m Breaststroke	02.13.00	
Event 312	Female	16yrs & over	100m Freestyle	01.12.00	
Event 313	Female	14/15yrs	100m Butterfly	01.30.00	
Event 314	Male	14/15yrs	200m Freestyle	02.27.00	HDW
		16yrs & over	200m Freestyle	02.25.00	HDW

Finals of Events:

302, 303, 306, 307, 308, 309, 311, 312, 313

SESSION 4

Sunday 16 November 2008 Warm up 1.30 – 2.20pm Start 2.30pm

Event 401	Female	12/13yrs	400m I.M.	06.20.00	HDW
		14/15yrs	400m I.M.	06.10.00	HDW
		16yrs & over	400m I.M.	06.00.00	HDW
Event 402	Male	12/13yrs	100m Breaststroke	01.43.00	
Event 403	Female	10/11yrs	100m Freestyle	01.26.00	
Event 404	Male	14/15yrs	200m Butterfly	03.00.00	HDW
		16yrs & over	200m Butterfly	02.50.00	HDW
Event 405	Female	12/13yrs	200m I.M.	02.56.00	HDW
Event 406	Female	16yrs & over	100m Breaststroke	01.37.00	
Event 407	Male	14/15yrs	50m Freestyle	00.31.00	
		16yrs & over	50m Freestyle	00.30.50	
Event 408	Male	10/11yrs	100m Butterfly	02.05.00	
Event 409	Female	14/15yrs	100m Backstroke	01.32.00	
Event 410	Male	12/13yrs	200m Freestyle	02.51.00	HDW
Event 411	Female	10/11yrs	100m Breaststroke	01.53.00	
Event 412	Male	16yrs & over	100m Freestyle	01.05.00	
Event 413	Male	14/15yrs	100m Butterfly	01.30.00	
Event 414	Female	14/15yrs	200m Freestyle	02.31.00	HDW
		16yrs & over	200m Freestyle	02.28.00	HDW

Finals of Events:

402, 403, 406, 407, 408, 409, 411, 412, 413.

REN 96 SWIM TEAM

SUMMARY SHEET

SHORT COURSE OPEN MEET

14th & 15th NOVEMBER 2009

Closing date: Friday 16th October, to be returned to:

*Claire Beadie
REN 96 Swim Team
Club Office
Johnstone Swimming Pool
Ludovic Square
Johnstone
PA5 8EE*

CLUB _____

CONTACT NAME _____

CONTACT TELEPHONE NUMBER AND ADDRESS _____

EMAIL: _____

Entries:

_____ **Boys entries @ £ 4.50 =**

_____ **Girls entries @ £ 4.50 =**

_____ **Coaches Passes @ £15.00 =**

TOTAL RETURNS =

(Cheques payable to REN 96 Swim Team)

REN 96 SWIM TEAM
SHORT COURSE OPEN MEET

14th & 15th NOVEMBER 2009

Please complete this form – to apply with accreditation requirements.

On behalf of _____ **(Name of Club)**

- I confirm that all entered swimmers have paid the current S.A.S.A. Membership Fee.
- I confirm that the notice of use of photographic equipment has been brought to the attention of the swimmers, parents and coaches who will be attending the meet.
- I confirm that all swimmers have trained and are competent to dive into the pool.

Signed _____

Position Held _____

REN 96 Swim Team

Short Course Open Meet 14th & 15th November 2009

Club

Club Contact

Tel. No. **Email**.....

OFFICIALS SHEET

Name	Duty	Session 1	Session 2	Session 3	Session 4
	Judge				
	Judge				
	Judge				
	Judge				
	Judge				
	Judge				
	Judge				
	Judge				

Due to licensing and accreditation conditions, we would ask any Technical Official travelling with Clubs to make themselves available on the day. It would be appreciated if each Club attending could provide one Judge per session, to ensure the meet is accredited

Thank you.