

S C O T T I S H *swimming*
everyone can swim!

2007

SCOTTISH NATIONAL AGE GROUP

SWIMMING CHAMPIONSHIPS

TOLLCROSS PARK LEISURE CENTRE

GLASGOW

12th – 15th April 2007

Event Regulations

Entry and Entries to all events is expressly subject to each and all of these regulations and may, where appropriate, also require compliance with the facility provider's regulations:

- Permission for any person to enter or to remain within the venue notwithstanding possession of any ticket by that person is at the absolute discretion of the stewards and officers of SASA Ltd and/or any police officer.
- No guarantee can be given by SASA Ltd that the event will take place at a particular time or any particular date and SASA Ltd reserves the right to reschedule the event without notice and without any liability for so doing.
- In the event of postponement, cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of SASA Ltd. SASA Ltd will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel and accommodation costs.
- The following are articles, which must not be brought within the venue (glasses, fireworks, smoke canisters, air horns, flares, glass bottles, weapons of any sort). Any person in possession of such items will be refused entry at the absolute discretion of any steward or officer of SASA Ltd and/or police officer.
- No object may be thrown by spectators within the venue.
- No foul or abusive language or other offensive words such as racial or sexual abuse may be used within venues.
- No alcohol may be consumed within events except in those areas specifically designated for such purposes and in accordance with any terms displayed in those areas.
- No person may for commercial purposes take photographs or use any video recording equipment inside events without the express written permission of SASA Ltd. The taking of photographs or use of video equipment for non-commercial purposes is permitted subject to compliance with SASA Ltd Guidelines with regard to video recording and zoom photography.
- No articles, periodicals, publications, flyers or goods of any nature may be offered either free or for sale by any persons save only SASA Ltd within events without the express written permission of SASA Ltd.
- Any person entering events must at all times comply with any and all instructions of any steward or officer of SASA Ltd and/or police officer. Failure to comply within a reasonable time with any such instruction will lead to the person being invited to leave.
- No tickets may be offered for resale within events. Any such tickets offered for sale may be confiscated by any steward or officer of SASA Ltd or any police officer.
- SASA Ltd reserves absolutely the right to eject from events any person failing to comply with each and all of the Event Regulations.

Scottish National Age Group Championships 2007

GENERAL INFORMATION

ELIGIBILITY TO COMPETE

1. All competitors must be registered with their National Federation to be eligible to compete (FINA Rule GR 1.1).
2. To compete for a Scottish Club or Team at National Age Group Championships, competitors must be registered with the Scottish Amateur Swimming Association and must have paid their current registration fee.
3. Competitors may only enter with CONSIDERATION times if they –
 - a) Are competing for a Scottish Club or Team, or
 - b) Qualify for National Eligibility (as defined by Company Rule 13.5.3) AND are registered with the Scottish Amateur Swimming Association having paid their current registration fee.

Competitors who do not qualify as above must achieve QUALIFICATION times in each event they enter.

National Eligibility

R13.5.3 A competitor selected to represent Scotland must be either:

- a) a native of Scotland, **or**
 - b) a person with a Scottish mother or father, **or**
 - c) satisfy either of the following residential criteria:
 - i) or for the Commonwealth Games -
In line with current Commonwealth Games Federation Regulations or Guidelines.
(see information guide for details)
 - ii) **for all other events -**
A person who has been resident in Scotland for a minimum of six months in the 12 months prior to the first day of competition
4. Individual Age Group events only are defined as age on the last day of competition (15th April 2007).
Ages for relays - please refer to Programme of Events
 5. Scottish swimmers changing clubs in 2007 and committed to the first club shall swim unattached for the remainder of the set period. A swimmer entering any Scottish Championships as 'unattached' cannot compete for any club in relay events.
 6. **No more than three swimmers who do not qualify as SCOTTISH (see point 3) will be allowed to progress into any Final.**

DRUG TESTING

Please note that drug testing may be in operation at any Scottish event. All swimmers not registered with the Scottish Amateur Swimming Association or the Amateur Swimming Association/Welsh Amateur Swimming Association will be required to sign an agreement to undergo tests as required in accordance with FINA Law. N.B. The Home Country or the ASA/WASA swimmers will have signed an agreement when submitting their registration fee.

All Scottish Amateur Swimming Association Swimming Committee Members, Staff etc should be aware that their registration card will gain them free admission to all Scottish Swimming Championships to include a programme, results and meals.

**Scottish National Age Group Championships 2007
(Under FINA/SASA Laws)**

MEET INFORMATION

DATES: Thursday 12th April – Sunday 15th April 2007

VENUE: Tollcross Park Leisure Centre, Glasgow

POOL 10 lane x 50 metres. Full electronic timing.
There are warm-up and swim down facilities.

MEET PROMOTERS: S.A.S.A. National Swimming Committee

SESSIONS:	<u>Day One</u>	Session 1	Warm Up: 07.30	Start: 08.45
		Session 2	Warm Up: 12.15	Start: 13.15
		Session 3	Warm Up: 16.30	Start: 17.30
	<u>Day Two</u>	Session 4	Warm Up: 07.30	Start: 08.45
		Session 5	Warm Up: 12.15	Start: 13.15
		Session 6	Warm Up: 16.30	Start: 17.30
	<u>Day Three</u>	Session 7	Warm Up: 07.30	Start: 08.45
		Session 8	Warm Up: 12.15	Start: 13.15
		Session 9	Warm Up: 16.30	Start: 17.30
	<u>Day Four</u>	Session 10	Warm Up: 07.30	Start: 08.45
		Session 11	Warm Up: 12.15	Start: 13.15
		Session 12	Warm Up: 16.30	Start: 17.30

*Please note – Warm-up and start times may be adjusted once all entries have been received. Any changed session times will be notified with entry acceptances.

PLEASE NOTE

FOR INDIVIDUAL EVENTS ONLY AGE AS OF THE LAST DAY OF COMPETITION (AGE AS AT 15 APRIL 2007).

FOR RELAY EVENTS - PLEASE SEE INFORMATION ON PROGRAMME OF EVENTS – PAGE 6

ENTRY TIMES:

Competitors must enter times achieved in accredited competitions held in the 12 months prior to the event closing date (since 13th March 2006) and either be 50 metre pool times or conversions to 50 metre pool times. Official Conversion Tables must be used.

The organisers reserve the right to restrict entries to ensure a good standard of competition.

ENTRY FEES:

Individual Events: £7.00 Relays: £14.00

All cheques/postal orders should be made payable to 'Scottish Amateur Swimming Association Ltd'. **No entries will be accepted without the correct fee or with the Entry Files incorrectly completed.**

COMPUTER ENTRIES:

The competition will be computerised. Cards will not be used.

Entries will be by computer files, which are obtainable from the Meet Entry Secretary (see below). Requests for the meet entry file should be made **at least two weeks in advance** of the closing date for entries. Only official files are acceptable.

Closing date for receipt of entries is **2 pm on Tuesday 13th March 2007**. The entry files must be e-mailed to jbruce2160@aol.com. The fees and other paperwork should be sent to:

John Bruce (Meet Entry Secretary)
50 Station Road
Roslin EH25 9LR
Tel: 0131 440 1752

ACCREDITATION:

Within Tollcross Park Leisure Centre, coaches and team support staff must wear their accreditation pass and have it visible at all times.

WITHDRAWALS:

Heats:

Any withdrawals (inc reserves) or amendments prior to the first day of the Championships should be notified to the Entries/Withdrawals Secretary by email or withdrawal form. However, any withdrawals for sessions 1 & 2 must be notified by email to jbruce2160@aol.com no later than noon on Wednesday 11th April 2007. Withdrawals for subsequent sessions not previously notified must be lodged at the Recorders Desk no later than the end of the **afternoon** session on the day prior to the event. Swimmers failing to comply with the above (except in the case of a genuine illness or proven emergency), will be liable to a £10 fine for each inappropriate withdrawal.

Finals:

Should you wish to withdraw from a Final you must inform the Recorders **IN WRITING ON THE APPROPRIATE FORM** within 30 minutes of Finalists Lists having been published or announced. Swimmers who fail to appear for finals will be fined and may be subject to further disciplinary action. A maximum of two reserves will be nominated for finals.

Any competitor withdrawing from a final in such a manner as to prevent a reserve taking part (except in the case of a genuine illness or proven emergency) shall be suspended immediately from all further events at the Championship. Where a reserve is brought in at short notice, the reserve shall occupy the vacant lane - there will be no re-seeding.

Three Non Scottish Swimmers (see eligibility) per event will be allowed to progress into any final.

Please note any late withdrawals on medical grounds should be discussed with the Meet Director prior to submission to the Recorders.

TEAM ENTRIES:

Clubs may enter one (1) Male & (1) Female team per age group. Team Line forms will be issued in club envelopes. These should be completed in swimming order and handed to the Recorder with swimmers' names and current registration numbers 1 hour prior to the start of the appropriate session. No changes to swim order or swimmers shall be permitted except in the event of medical emergency after the start of the appropriate session.

Please submit estimated times for the purposes of seeding only.

COACHES PASSES:

Clubs will receive complimentary passes which allows them, on presentation, poolside access, start and result sheets on the basis of one pass per 10 swimmers and multiples thereof for any one day. A maximum of five (5) passes will be issued.

In addition you can order the following:

- a) £ 6.00 - Coaches Pass per day (poolside access, start and result sheets)
- b) £ 16.50 - Coaches Pass per day (meals only)

Please complete the enclosed Coaches Pass Form and return with entry.

AWARDS:

Medals/Trophies shall be presented as follows:

- a) Scottish Age Group Open Champion 1st 2nd and 3rd
- b) Scottish National Age Group Champion* 1st (provided the individual is not also the Open Champion)

* Scottish National Age Group Champion must be a registered member of Scottish Swimming

In addition the following Trophies will be awarded:

- a) Trophies (one male and one female)
To be awarded to the best performance by a boy and girl aged 16 and under, calculated on the basis of the FINA points for one single event.
- b) Sharp Trophies (one male and one female)
To be awarded to the winners of the Boys and Girls 10-12 years 200m Individual Medley.
- c) Best Club
Calculated using Hy-Tek standard points

PRESENTATIONS:

Swimmers must report to the Presentation Marshal immediately upon completing their race and picking up their dry clothes from the holding area. Appropriate clothing must be worn for the presentations. It is the responsibility of the Coach/Team Manager to ensure that medallists or a deputy be available for presentation as per the presentation schedule, a copy of which will be included in your club envelope and posted around the pool.

Failure of a swimmer or depute to attend the appropriate presentation will result in the swimmer forfeiting his/her medal.

PROGRAMME OF EVENTS - INDIVIDUAL:

100m, 200m
400 Freestyle

Heats and Finals
Heat Declared Winner

800m, 1500m Freestyle	Heat Declared Winner
100m, 200m Backstroke	Heats and Finals
100m, 200m Breaststroke	Heats and Finals
100m, 200m Butterfly	Heats and Finals
200m, Individual Medley	Heats and Finals
400m, Individual Medley	Heat Declared Winner

<u>Individual Events – Age Groups:</u>	10-12 years
	13 years
	14 years
	15 years
	16-18 years

PROGRAMME OF EVENTS - RELAYS

4x 100 Freestyle	Heat Declared Winner
4 x 200 Freestyle	Heat Declared Winner
4 x 100 Medley	Heat Declared Winner

Relays Events – Age Groups:

Girls:	11-13 years
	14-17 years
Boys:	11-14 years
	15-18 years

As the relays will be used to determine our representatives at the ASA Age Group and Youth Championships in July/August 2007 the Ages for these swimmers are as follows:

Girls	11 – 13
Boys	11 – 14
Age as at 26th July 2007	

Girls	14 – 17
Boys	15 – 18
Age as at 1st August 2007	

Please Note:

- For the Heats "OVER THE TOP STARTS" will be used where appropriate.
- All Heats, Finals and Fastest Heats in Finals sessions will also be swum as 10 lane events.
- In the event of television coverage being secured, finals will be reduced to 8 lanes.

SCOTTISH NATIONAL AGE GROUP CHAMPIONSHIPS 2007

12th – 15th April 2007

TOLLCROSS PARK LEISURE CENTRE, GLASGOW

COACHES MEAL FORM

Club:

I require meal tickets for the following days:

	<u>Name</u>	<u>Name</u>	<u>Name</u>	<u>Name</u>
12 th April
13 th April
14 th April
15 th April

Please indicate with a (V) if vegetarian meals are required.

ANY CLUB NOT RETURNING THIS FORM WILL NOT BE ENTITLED TO MEALS.

Forms to be returned to: John Bruce
 Meet Entry Secretary
 50 Station Road
 Roslin
 Midlothian EH25 9LR.

 Tel: 0131 440 1752
 email: jbruce2160@aol.com

TO BE RETURNED BY TUE 13TH MARCH 2007

SCOTTISH NATIONAL AGE GROUP CHAMPIONSHIPS 2007

12th – 15th April 2007

TOLLCROSS PARK LEISURE CENTRE, GLASGOW

SUMMARY SHEET

*** This form must be completed and returned with
the entry file and individual entry forms***

Club:

Contact Name:

Address:

.....

Post Code: Tel No.

e-mail address:
(important for urgent distribution of information and updates pertaining to the meet)

Total Male Entries @ £ 7.00 £.....

Total Female Entries @ £ 7.00 £.....

Total Relay Entries @ £14.00 £.....

Total for Coaches Pass (full details overleaf) £

Total cheque enclosed £

Make cheques payable to 'Scottish Amateur Swimming Association Ltd'

Form to be returned to: John Bruce (Meet Entry Secretary)
50 Station Road
Roslin
Midlothian EH25 9LR
Tel: 0131 440 1752
email: jbruce2160@aol.com

TO BE RETURNED BY TUE 13th MARCH 2007

SCOTTISH NATIONAL AGE GROUP CHAMPIONSHIPS 2006

12th – 15th APRIL 2007

TOLLCROSS PARK LEISURE CENTRE, GLASGOW

COACHES PASS FORM

Club:

Clubs will be issued with one complimentary pass, which entitles you to:

Start and Result Sheets and Poolside Access on the basis of one pass per ten swimmers and multiples thereof for any one day. A maximum of five (5) passes will be issued.

Name (complimentary pass):

Additional Coaches Passes required:

Name

Daily Coaches Pass (poolside access only)

Number required Day 1..... @ £6 each = Total £

Number required Day 2..... @ £6 each = Total £

Number required Day 3..... @ £6 each = Total £

Number required Day 4..... @ £6 each = Total £

Daily Coaches Pass (meals only)

Number required Day 1..... @ £16.50 each = Total £

Number required Day 2..... @ £16.50 each = Total £

Number required Day 3..... @ £16.50 each = Total £

Number required Day 4..... @ £16.50 each = Total £

(see also reverse of form)

Total due for all coaches passes: £

Form to be returned to:

John Bruce
Meet Entry Secretary
50 Station Road
Roslin
Midlothian EH25 9LR.
Tel: 0131 440 1752

TO BE RETURNED BY TUE 13th MARCH 2007

SCOTTISH NATIONAL AGE GROUP CHAMPIONSHIPS 2007

12th – 15th April 2007

TOLLCROSS PARK LEISURE CENTRE, GLASGOW

Entry File Request Form

Club Name:	
Club Contact's Name:	
Address:	
Post Code:	Tel No.:
↓ Must supply e-mail address for all future correspondence:	
.....	

Files will be produced using the Hy-Tek Meet Management System and will be sent along with instructions by email. Hy-tek's Team Manager or Team Manager Lite is needed in order to complete entries. Team Manager Lite can be downloaded free of charge by going on line to www.hy-tek.com

Applications to: John Bruce (Meet Entry Secretary)
50 Station Road
Roslin
Midlothian EH25 9LR
Tel: 0131 440 1752
email: jbruce2160@aol.com

Requests for the meet entry files should be made at least two weeks in advance of the closing date for entries.

Date Disk Issued..... Date Disk Returned Date Disk Processed.....

SCOTTISH NATIONAL AGE GROUP CHAMPIONSHIPS 2007

Programme of Events: Age Groups: 10 – 12, 13, 14, 15, 16 – 18yrs

Thursday 12th April

Session 1 - Warm-up 07:30 Start 08:45

Girls 100 Freestyle
Boys 200 Backstroke
Girls 200 Breaststroke
Boys 100 Butterfly

Session 2 - Warm-up 12:15 Start 13:15

Girls 800 Freestyle (HDW)
Boys 1500 Freestyle (HDW)

Session 3 - Warm-up 16:30 Start 17:30

100 Finals
200 Finals
Girls (11-13 & 14-17) 4x100 Medley
(HDW)
Boys (11-14 & 15-18) 4x100
Freestyle (HDW)
Friday 13th April

Session 4 - Warm-up 07:30 Start 08:45

Girls 200 Butterfly
Boys 200 Freestyle
Girls 100 Breaststroke
Boys 100 Backstroke

Session 5 - Warm-up 12:15 Start 13:15

Girls 200 I.M.
Boys 400 I.M. (HDW)
Girls 400 Freestyle (HDW)

Session 6 - Warm-up 16:30 Start 17:30

100 Finals
200 Finals
Boys (11- 14 & 15 -18) 4x200
Freestyle (HDW)

Saturday 14th April

Session 7 - Warm-up 07:30 Start 08:45

Girls 100 Butterfly
Boys 200 Breaststroke
Girls 200 Backstroke
Boys 100 Freestyle

Session 8 - Warm-up 12:15 Start 13:15

Boys 800 Freestyle (HDW)
Girls 1500 Freestyle (HDW)

Session 9 - Warm-up 16:30 Start 17:30

100 Finals
200 Finals
Girls (11-13 & 14-17)
4x100 Freestyle (HDW)
Boys (11-14 & 15-18) 4x100 Medley
(HDW)
Sunday 15th April

Session 10 - Warm-up 07:30 Start 08:45

Boys 200 Butterfly
Girls 200 Freestyle
Boys 100 Breaststroke
Girls 100 Backstroke

Session 11 - Warm-up 12:15 Start 13:15

Boys 200 I.M.
Girls 400 I.M. (HDW)
Boys 400 Freestyle (HDW)

Session 12 - Warm-up 16:30 Start 17:30

100 Finals
200 Finals
Girls (11- 13 & 14 - 17) 4x200
Freestyle (HDW)

SCOTTISH NATIONAL AGE GROUP SWIMMING CHAMPIONSHIPS 2007

Entry Times

FEMALE										Event	M A L E									
16-18		15		14		13		10-12			10-12		13		14		15		16-18	
Qual	Consid	Qual	Consid	Qual	Consid	Qual	Consid	Qual	Consid		Qual	Consid	Qual	Consid	Qual	Consid	Qual	Consid	Qual	Consid
1:01.55	1:06.13	1:03.18	1:06.93	1:04.16	1:07.96	1:05.54	1:09.42	1:07.89	1:11.91	100m Freestyle	1:04.64	1:08.48	1:01.28	1:04.59	0:59.32	1:02.52	0:57.92	1:01.35	0:55.58	1:00.21
2:13.10	2:22.63	2:15.97	2:24.03	2:17.67	2:25.84	2:20.08	2:28.39	2:24.20	2:32.75	200m Freestyle	2:29.71	2:38.59	2:18.09	2:26.28	2:14.71	2:21.98	2:09.48	2:17.15	2:00.69	2:12.85
4:45.01	5:03.67	4:53.54	5:07.80	4:58.62	5:13.13	5:02.72	5:20.65	5:03.83	5:25.10	400m Freestyle	4:53.32	5:18.70	4:38.73	4:59.77	4:31.17	4:50.16	4:26.46	4:42.26	4:13.95	4:33.34
9:45.72	10:21.37	9:58.47	10:27.56	10:06.09	10:35.54	10:10.65	10:46.80	10:22.46	11:06.03	800m Freestyle										
										1500m Freestyle	19:35.10	21:16.80	18:43.91	20:08.71	18:17.97	19:34.83	18:02.25	19:06.43	17:17.28	18:33.04
1:10.21	1:15.05	1:11.41	1:15.65	1:12.83	1:16.41	1:13.14	1:17.48	1:14.87	1:19.31	100m Backstroke	1:18.01	1:22.64	1:12.60	1:16.52	1:09.44	1:13.56	1:07.20	1:11.18	1:03.43	1:09.69
2:31.51	2:42.40	2:34.85	2:44.03	2:36.84	2:46.14	2:39.65	2:49.11	2:44.45	2:54.20	200m Backstroke	2:48.04	2:58.01	2:36.40	2:44.83	2:29.58	2:38.45	2:24.75	2:33.33	2:16.64	2:30.12
1:18.95	1:24.67	1:20.70	1:25.49	1:21.68	1:26.53	1:23.07	1:27.99	1:25.44	1:30.51	100m Breaststroke	1:25.68	1:30.76	1:21.61	1:26.01	1:18.05	1:22.67	1:15.53	1:20.00	1:11.30	1:18.33
2:52.17	3:04.49	2:55.86	3:06.29	2:58.05	3:08.60	3:01.14	3:11.88	3:06.43	3:17.49	200m Breaststroke	3:04.61	3:15.55	2:52.98	3:02.30	2:46.17	2:56.02	2:41.34	2:50.91	2:33.25	2:47.79
1:08.86	1:14.11	1:10.92	1:15.12	1:12.15	1:16.43	1:13.88	1:18.26	1:16.84	1:21.40	100m Butterfly	1:17.63	1:22.23	1:11.65	1:15.51	1:08.15	1:12.19	1:05.67	1:09.57	1:01.50	1:07.87
2:34.01	2:45.22	2:37.67	2:47.01	2:39.84	2:49.32	2:42.91	2:52.57	2:53.16	3:03.43	200m Butterfly	3:01.51	3:14.22	2:48.88	2:57.99	2:38.57	2:47.96	2:31.25	2:40.22	2:19.98	2:34.98
2:32.36	2:43.91	2:35.73	2:44.96	2:37.73	2:47.08	2:40.55	2:50.07	2:43.73	2:55.19	200m I.M.	2:47.54	2:59.27	2:40.11	2:48.75	2:32.74	2:41.80	2:27.51	2:36.26	2:18.74	2:32.73
5:20.20	5:40.43	5:28.49	5:44.46	5:33.44	5:49.64	5:37.01	5:56.95	5:43.31	6:09.44	400m I.M.	5:28.11	5:56.41	5:14.68	5:38.43	5:07.96	5:29.51	5:03.95	5:21.97	4:52.00	5:12.92

These entry times are long course (50m). Converted times to 50m Pools can be entered using Official Conversion Tables.

Times must have been achieved in accredited events in the 12 months prior to the event closing date.

Ages in age group events are those on the last day of competition (15th April 2007)

S C O T T I S H *swimming*
everyone can swim!

**Scottish National Age Groups
12th -15th April 2007**

Meet Information Addendum

“No accredited times are required for the girls 1500 free and the boys 800 free. However, entry times must be verifiable from results signed by a referee.”